



VIRGINIA VIKING

SONS OF NORWAY HAMPTON ROADS LODGE NO. 522

PRESIDENT: MICHAEL J. BECK VICE PRESIDENT: BOB RUMNEY

SECRETARY: JUNE COOPER TREASURER: RAGNHILD ZINGLER EDITOR: THOMAS RUSSELL

The President's Corner

Holiday Greetings;

This has been a good year for the lodge - thanks to all the hard work of our members. Below are just a few of the many activities we have been involved in during the year.

- We won the 3rd place trophy for our float in the annual NATO Parade.
- We had a very well attended Summer Solstice picnic at the home of Ralph and AnneGrete Peterson
- Our long boat was ready for participation in the Virginia Beach Neptune Parade. We had many nice comments on how well the boat looked.



- In October we celebrated Leif Eriksson Day along with members from the Icelandic Federation. We had a tour of the Mariners Museum and then laid a wreath at the base of the Leif Eriksson statue at the entrance to the museum. Unfortunately it was a very rainy day so we had to dispense with the speeches and went right to lunch. Hopefully, we will have an opportunity to do this again in 2014.
- Our annual bazaar was very successful. With real Vikings! Actually they were Viking re-enactors but they certainly added to the atmosphere of a Scandinavian event. We will see more of them next year. Many thanks to all our members who worked so hard on making this bazaar a success.
- A special thanks to the lodge members who worked so hard to organize the very successful Christmas celebration. Don Ohnemus handled all the printing. Mary Ohnemus displayed her talent again, by designing the beautiful invitations and place cards. Pam Geisinger handled all the mailings and reservations and Elaine Murray and Synnove Quaglietta were responsible for the mailings and reservations and Elaine Murray and Synnove Quaglietta were responsible for the set-up and decorations. Deanna Rumney was the over-all coordinator. There were many raffle items given by many members.

All of these activities require the help of lodge members. Please offer your assistance when asked.

Plans are now shaping up for a very busy and exciting new year. Watch for the schedule on the web site the Facebook site, the by-monthly postcards and the monthly newsletters. Mark your calendars for:

January 11 - 1 p.m. lunch at Beir Garden, 438 High Street, Portsmouth, Va. 23704. Mike Beck will be sending the announcement for you to RSVP.

January 24 (Friday) - 6:45 - 8 p.m. Meeting and Wine Tasting - Total Wine, 1744 Laskin Road (Hilltop area), Virginia Beach.

January 25 9-11 a.m. New Member Breakfast - Cypress Point Country Club, Virginia Beach

May you have a wonderful Christmas and I look forward to seeing you in 2014 at our many events.

Hilsen, Bob

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Visit us at: hrson.zzl.org
and
Sons of Norway-Hampton Roads on facebook

District President's Message

The year is drawing to a close and much has occurred in the third District. Due to no firm commitment to weekends, Land of Vikings will be close for the winter. At the last board meeting when this decision was made we looked upon it as an opportunity for the entire 3rd district to reflect on the future of LOV. I am requesting that all lodges take part of their January and February meeting to discuss and give us input on what would motivate you to travel and support Land of The Vikings? Please include information regarding this issue in your lodge newsletter and give everyone in your lodge the opportunity to participate in this discussion.

Consider; would you use LOV if we made it a real cultural center offering classes in rosemaling, tatting, hardanger, knitting, making bunads or daily dress costumes? Would you come if we had Scandinavian Art exhibits, speakers on Norway today or of the history of Norway? Could we use the facility for lodge member's children to have soccer games against other lodges or within the zones? How about nature events, canoeing, weekends hunting, fishing, orienteering, mountain biking, Norwegian cooking or genealogy? Please also consider if the administration of LOV should be changed from a LOV board to an administrative group (not necessarily SON members) still accountable to the 3DLTD?

CALL TO ACTION!

During your January meeting set aside time to discuss what we would need to change for our members to utilize Land of Vikings and how we should proceed. After the January discussions take another month to think about your fellow members input. In February please record your ideas and take a straw poll on how we should proceed with LOV. Keep account of both the "yay's" and the "nay's" and forward them to your zone director by March 1st so we will have this information for the spring board meeting. We, as a board, have been researching this matter and will present more information after the spring board meeting at the convention in June 2014.

Thanking you all in advance for your time and input on this important issue!

Hope the holidays bring joy and time to share with friends and family.

Fraternally, Gail

A decision was made at the last board meeting, to help new officers understand what SoN requires of you during your term. A copy of your duties will be given to each officer. Upon being installed, use it as a guide for your term.

Newsletter and Website Submissions

If anyone has any news or announcements to be published in the newsletter or on the website please send to: hpsoneditor@gmail.com

Please have newsletter submissions one week before the beginning of the month.

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 Board Meeting 7 pm	6	7
8 Annual Christmas Party at the Cypress Point Country Club 5:30 pm	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24 Christmas Eve	25 Christmas Day	26 St. Stephen's	27	28
29	30	31 New Year's Eve			Notes:	

January

- 11th - Fellowship Lunch - 1 pm - Beir Garden, 438 High Street, Portsmouth (Call Mike Beck by January 9)
- 24th - General Meeting - 6:45 pm - Wine Tasting at Total Wine, 1744 Laskin Road
- 25th - New Member Breakfast - 9 am - Cypress Point Country Club

February

- 20th - Regular Meetings - 7 pm - Bayside Presbyterian Church
- TBD - Fellowship Dinner

The 2013 Christmas Dinner



December 8th Christmas Dinner at the Cypress Point Country Club.



Variety of Amundsen Film Projects Underway



Roald Amundsen will soon be joining fellow storied Norwegian heroes Thor Heyerdal and Max Manus in becoming immortalized in film. One of the world's greatest polar explorers, Amundsen will be the subject of several different film projects currently underway in Norway and Hollywood.

Known for beating rival British explorer Robert Scott to the South Pole in 1911, Amundsen's story is abundant with drama and excitement, a desirable combination to filmmakers. In an interview with NRK, Geir Kamsvåg, editor of film magazine, *Cinema*, explains, "There is always a need for heroes, and if one is looking for Norwegian heroes, there are a few who are known internationally.

So Amundsen is someone they can do something with. There's been a huge international success with Thor Heyerdahl, and it's clear that Amundsen is also interesting."

Among those inspired by Amundsen's successful expedition are Hollywood A-listers Ben Affleck and Matt Damon as well as Oscar-nominated directing duo Joachim Rønning and Espen Sandberg of "Kon-Tiki" and "Max Manus" fame. Planning for Affleck and Damon's film, "that Race to the South Pole," is in the preliminary stages and Casey Affleck, Ben's brother, will be cast as ill-fated British explorer Robert Scott. Rønning and Sandberg's film is slated to cover the life of Amundsen, both highlighting his achievements and his personal relationships. Their production company, Motion Blur, is among three Norwegian studios facing competition in the Norwegian market to produce and fund their prospective Amundsen films. Among them are, Friland Film, producers of the thriller "Headhunters," and Norwegian Oscar-winning animation company, Mikrosfilm, which set to produce an animated film about the explorer.

Scholarship Deadlines

The Sons of Norway Foundation offers college scholarships to current Sons of Norway members, children and grandchildren of current members. We have seven different scholarship categories for different types of college studies.

Most have an **application deadline of March 1, 2014**. The applications are done entirely on-line. Students must include grade transcripts, ACT/SAT scores, essays and letters of recommendation with their applications.

Winter break is the perfect time for students to gather this information to prepare to apply for scholarships. To view the scholarship guidelines and applications go to sonsofnorway.com/foundation and click on scholarships.

Hot Apple Grog with Blackcurrant, Honey and Cinnamon

Serves 5

newscancook.com

- 1 quart (1 liter) apple juice
- ¼ lb. (100 g) blackcurrants
- 1 cinnamon stick
- 2 tbsp. honey

Boil all ingredients. Sieve and serve.

Lemon Wafers

Makes 5 dozen cookies

The Great Scandinavian Baking Book by Beatrice Ojakangas

“White on white” foods are common in Scandinavia, and these cookies are an example. They should not be browned or they will lose their delicate flavor. The lemon icing has no color either, but the taste is novel.

Cookies

- ½ cup unsalted butter, room temperature
- 1 cup sugar
- 4 eggs
- 2¼ cups all-purpose flour
- 2 tsp. lemon extract

Glaze

- 1 cup powdered sugar
- 1 tbsp. fresh lemon juice

Cover baking sheets with parchment paper or lightly grease them. Preheat oven to 350°F. Cream the butter and sugar. Add the eggs and beat until well mixed. Add the flour and beat until mixture is light. Blend in the lemon extract. Drop by rounded teaspoonfuls onto the prepared baking sheets, about 2 inches apart. Bake 6 to 8 minutes until cookies feel firm and are just lightly browned around the edges. Mix 1 cup powdered sugar 1 tablespoon fresh lemon juice and enough water to make a thin glaze. Drop a half-teaspoonful of the lemon glaze on each hot cookie.

Julenisse

a little in English...

The nisse is a figure, which, according to Scandinavian folklore lived in the outhouses of farms. They are pretty small and wear a red hat on their head. He is often described as a little man (not bigger than a horse's head), with a long beard and grey clothes, generally knickers, and a red stocking cap dressed similarly to the farmers from the old days.

Up until the 1800's it was not uncommon that people truly believed the nisse existed, therefore the nisse was taken into account during daily life on the farm. He could be useful on the farm by tending animals, especially after he received good food and drink on Christmas Eve. But he could also be moody and unpredictable by carrying out mischief and damage to people and animals if not treated well.

The Christmas Nisse wants the farmers to be pleased with them, in return for their work they require Christmas porridge. Thus, for example, several places continue to not only place porridge out for the nisse on Christmas Eve night, but to also let the remains of Christmas dinner sit out over night on the table so the nisse can help himself.

One must not forget to leave out their porridge, because something can always go wrong on the farm as a payback. Some believed that the nisse had supernatural powers. If the nisse turned his hat inside out, so the grey was showing, he became invisible!

Stories, Christmas cards and more dating back to the 1800's have helped spread the idea of the nisse within Norway and more recently have linked the figure directly to Christmas.

Julenissen

litt på norsk...

Nissen er en skikkelse som ifølge skandinavisk folketro særlig holdt til i uthusene på en bondegård. De er ganske små og har på en rød topplue. Han er ofte beskrevet som en liten mann, «ikke større enn et hestehode,» med langt skjegg og i grå klær, gjerne nikkers, og med rød nisselue slik de fleste bønder gikk kledd i gamle dager.

Opp till 1800-tallet var det ikke uvanlig at man virkelig trodde nisser eksisterte og man tok derfor hensyn til nissen i dagliglivet på gården. Han kunne være til nytte på gården, for eksempel ved å stelle dyra, særlig hvis han fikk god mat og drikke på julekvelden. Men han var også lunefull og uberegnelig og kunne utføre pek og ugagn og skade folk og dyr hvis han ikke ble behandlet godt.

Julenisser vil at husbonden skal være fornøyd med dem, og de krever bare julegrøt for arbeidet. således var det for eksempel flere steder skikk ikke bare å sette ut grøt til nissen julenatta, men også å la restene av julematen stå framme på bordet natta over for at nissen skulle forsyne seg.

Men til gjengjeld må man ikke glemme å sette ut grøten, for da kan alt gå galt på garden. Noen trodde at nissen hadde overnaturlige evner. Hvis nissen vrenget lua, så det grå var ut, ble han usynlig!

Fortellinger, julekort og annet fra slutten av 1800-tallet har vært med på å spre forestillingen om nissen i Norge og i nyere tid knyttet figuren til jul.

Arild Ingebrigtsen	1
Carl Morrow Jr.	2
Craig Olsen	6
Mona Denton	9
Lauren Minson	9
Kenneth Hill	11
Kristen Hill	13
Harriet Lindenberg	14
Heidi Peterson	16
Walker Douglas	17
Ken Reynolds	20
Cynthia Sanoba	20
Gail Stenberg	20



Jeanne MacDonald	22
Celeste Perrotti	27
Linda Beck	28
Martha Blau	28
Christian Jensrud	28



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