



VIRGINIA VIKING

SONS OF NORWAY HAMPTON ROADS LODGE NO. 522

PRESIDENT: BOB RUMNEY VICE PRESIDENT: MICHAEL J. BECK

SECRETARY: JUNE COOPER TREASURER: RAGNHILD ZINGLER EDITOR: THOMAS RUSSELL

The President's Corner



Fellow Lodge Members of Hampton Roads Lodge #522

The installation of new Lodge Officers was held 18 January at an installation ceremony conducted by Brother Ralph Peterson, our International Vice President. The list of new officers are included in this newsletter. Of the 115 members in the Hampton Roads area we had 35 in

attendance. Obviously we need to do a better job getting information to our members.

On behalf of lodge members, I thank the Officers who have served for the past 2 years or longer and a thank you to those who have stepped forward to serve for the next 2 years. I recognize that in most cases it is the **same** people.

I am honored to be your President for the next 2 years and I recognize the leadership challenge of meeting the standards set by past presidents such as the immediate Past President Mike Beck, Ralph Peterson (now the International Vice President), Deanna Rumney who lead the lodge to achieve International Lodge and District Lodge of the Year and Ed McCarthy who is now the Zone Director. Others who served as President, and are still members, are Wilma Foss, Terry Hewitt, Bill Nelson, and Anita Hill.

Thanks to Barbra Stehlik and her search committee for convincing members to serve and for developing the current slate of officers; however, we still have some important positions to fill such as the Cultural Director. This is a very key position whose primary responsibility is to coordinate events and programs that enhance lodge members understanding of, and appreciation for Norwegian and Norwegian-American culture. This person works closely with the Social Director and Sports Director.

You know, it takes many willing hands to keep a lodge going. Every person in the lodge should be willing to step forward and do something.

Continued on next page.

ISSUE 02, FEBRUARY 2013

President's Message. New Members Breakfast	2
February Activities.	3
 New Website Financial Benefits Counselor	4
Sons of Norway Foundation Tubfrim	5
 New Lodge Officers	6
Norway Connects	7
February Birthdays	8

President's Message Continued

I know that I speak for all Lodge Members in thanking Mike Beck for his leadership the past 2 years. In addition to running a business, and working on a Doctorate Degree he found the time to provide the leadership for the lodge to continue to be successful in all areas. I am also thankful that he agreed to continue as a leader in the lodge as the Vice President.

Mike started the informal dinners which were very popular. We are going to continue and expand on this in a different way. We are only required to have 4 business meetings a year. The other monthly meetings can be social meetings. The Installation Meeting will be our business meeting for the first quarter of 2013.

The next meeting will be the New Members Breakfast on 9 Feb. at the Cyprus Point Country Club in Virginia Beach, VA. Starting at 9AM. Reservations are required. It would be nice to have good representation greeting and meeting our new members. For reservations contact Deanna Rumney at 757-490-3030 or Norskamerican@aol.com.

The next regular meeting will be on 28 Feb and will be held in the Education Center in the Total Wine Store on Laskin Road in the Hilltop Area. The meeting will start at 7PM. Reservations are required. We will have a brief meeting followed by a movie (The Vikings) and finishing with a half hour wine tasting. Contact Elaine Murray (757-486-1689/757-406-3146(Cell)) or Synnove Quaglietta (757-490-7326/757-647-2798(Cell))

So, each quarter we will have a business meeting, usually the first month of the quarter, and social meetings the other 2 months. Every meeting will start the usual way with the singing of the anthems and any notices or communications.

Fraternally,

Bob Rumney

New Member Breakfast

We will have a new member breakfast 9 am on Saturday, February 9th, at

The Cypress Point Country Club, Virginia Beach, VA. 23455.

The breakfast is a way for our members to become acquainted with our new members and welcome them into our lodge.

Please let Deanna Rumney know if you will be able to attend at:

(757) 490-3030 or NorskAmerican@aol.com.

Submitted by: Deanna Rumney - Foundation

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Groundhog Day
3	4	5	6	7 Board Meeting 7 pm	8	9 New Members Breakfast 9 am Cyprus Point Country Club
10	11	12 Lincoln's B-Day	13 Ash Wednesday	14 Valentines Day	15	16
17	18 Presidents Day	19	20	21	22 Washington's B-Day	23
24	25	26	27	28 Membership Meeting At Total Wine 7 pm		
					Notes: Reservations needed for membership meeting Contact Elaine Murray or Synnove Quaglietta	

Newsletter and Website Submissions

If anyone has any news or announcements to be published in the newsletter or on the website
 please send to: hpsoneditor@gmail.com
 Please have newsletter submissions one week before the end of the month.

New Website



The Hampton Roads Sons of Norway Lodge #522 has a new home on the web at <http://hrson.zzl.org>

Where you can find:

- Information about the lodge, directions, and by-laws
 - Calendar of upcoming lodge events
 - Pictures from lodge activities
 - Virginia Viking since 2002 as well as links to other Third District Newsletters
 - Links to the Third District website
 - Links to the Sons of Norway International Website
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Financial Benefits Counselor



In the past twenty-four months, Hampton Roads members have invested:

Almost \$400,000 in annuities

Almost \$355,000 in life insurance protection

Your fellow members are enjoying the benefits of being member of a fraternal organization. Contact your Financial Benefits Counselor to see what Sons of Norway can do for you.

For Information about Sons of Norway's financial benefits contact:

Michael Beck, LUTCF

Office Phone: (757) 963-5102

E-mail: michael.j.beck@cox.net or bchviking60@gmail.com

The Sons of Norway Foundation

The Sons of Norway Foundation was established in 1966 for the purpose of collecting funds by bequests, donations and gifts to be used for charitable, scientific, literary and educational endeavors in the form of scholarships, grants and loans. The major objective is to provide scholarships and promote cultural exchange and to promote Norwegian heritage activities as well as to support humanitarian causes.

The major scholarship funds are:

The King Olav V Norwegian-American Heritage Fund: Any North American, 18 years or older, who has demonstrated a keen and sincere interest in the Norwegian heritage and/or any Norwegian who has demonstrated an interest in American heritage and who desires to further the study of these heritages at a recognized educational institution is eligible to apply for a scholarship. Eligibility requirements and application forms are available from Sons of Norway Foundation. The deadline for applications is March 1 of each year.

The Astrid G. Cates Fund: It was at the bequest of Astrid Cates that a scholarship be set up by the Sons of Norway Foundation and used for students needing financial assistance. Applicants must be between be between the ages of 17 and 22 and be members of Sons of Norway, or children/grandchildren of Sons of Norway members. Eligibility requirements and application forms are available from SON Foundation. Deadline is March 1 of each year.

Nancy Lorraine Jensen Memorial Scholarship: Applicants must be female American citizens between 17 and 35 years old on the date the application is submitted. They must also be SON members or children or grandchildren of members (employment at the NASA Goddard Space Flight Center in Greenbelt, MD may be substituted in lieu for belonging to SON). The application must be a full-time undergraduate who has completed at least one term, majoring in chemistry or physics or in chemical, electrical or mechanical engineering.

Submitted by: [Deanna Rumney - Foundation](#)

Tubfrim

Norway's Postmaster established TUBFRIM in 1928. The aim was to collect and sell used stamps and use the proceeds to aid the eradication of tuberculosis among Norwegian children. The annual collection have grown from the first year's collection of NOK 1,500 to NOK 650,000 in 2008. TUBFRIM is owned by the Norwegian Health Association (Nasjonalforeningen for Folkehelsen). Today the proceeds are used to help handicapped children and youth in Norway and the finance efforts to eradicate tuberculosis. Sons of Norway is a staunch supporter of TUBFRIM.

You can help by saving used stamps. Just cut or tear off stamps from envelopes leaving a slight margin (approximately ½ inch) to keep the perforation intact. Damaged stamps cannot be used. Give the stamps to Deanna Rumney at the next meeting or mail to her at: 776 Harris Point Drive
Virginia Beach, VA 23455.

Submitted by: [Deanna Rumney - Foundation](#)

Hampton Roads Sons of Norway Lodge 522 Officers

- President: Bob Rumney
- Vice President: Mike Beck
- Secretary: June Cooper
- Treasurer: Ragnhild Zingler
- Counselor: Mike Beck
- Foundation: Deanna Rumney
- Sunshine: Barbra Stehlik
- Social/Hospitality/Sunshine: Elaine Murray
- Social/Hospitality: Synnøve Quaglietta
- Marshall: Ken Reynolds/Ed McCarthy
- Greeters: Astrid Gulas, Synnøve Quaglietta
- Sports: Cynthia Sanoba
- Cultural: Vacant
- Newsletter/Webmaster: Thomas Russell
- Historian: Mary Zimmerman
- Publicity: Martha Blau
- Membership Sec. Ralph Peterson
- Adopt a School: Don Ohnemus



International Vice President Ralph Peterson installs new board



Newly installed President Rumney speaks to membership in attendance



Gail Stenberg receives her 35 year membership pin from Membership Secretary Ralph Peterson



President Rumney presents outgoing President Beck with a gift from the lodge

Norway Connects - NorwayConnects.org

Sons of Norway is proud to announce the official launch of its newest online venture, called NorwayConnects.org. This new unique virtual community was designed to be a place where students, professionals and institutions of higher education can come together for the common good of building innovation in industry and providing opportunities for international exchange. Above all, this web portal will build bridges between North America and Norway.

We hope that you'll take a moment to visit this new web portal and share it with the young people in your family. Thanks to the various experiences offered by NorwayConnects.org, we believe it will become a valuable source of information and opportunity for young people throughout the Sons of Norway network.

Scholarships and Educational Opportunities

We understand that choosing a college and figuring out how to pay for it can be some of the most difficult decisions young adults face today. To make the process easier, NorwayConnects.org is building a comprehensive list of scholarships available to young people from all backgrounds. In addition, the site highlights a variety of educational institutions that offer Scandinavian studies programs as well as international exchange programs offered throughout North America and Norway.

Jobs

NorwayConnects.org also offers a couple of resources for recent graduates and young professionals who are looking for new employment opportunities. First, it allows young people to post their résumés and highlight their background and expertise for potential employers. Second, we are developing a job board where companies throughout North America and Norway can post employment and internship opportunities.

Financial Literacy

Another benefit of using NorwayConnects.org is that Sons of Norway has developed a series of articles for young people that educates them about a variety of finance-related topics, from tips on renting their first apartment to the importance of life insurance.

Events and Volunteerism

NorwayConnects.org recognizes the importance of social and volunteer events for young people. That's why the site includes sections where users can post and view both. Users can also search for volunteer opportunities within their community.

We hope you'll take a moment to visit this new web portal from Sons of Norway and then share it with anyone you think would benefit from it. Also, if you know of a company that would benefit from NorwayConnects.org's job posting opportunities, please contact the fraternal department at (800) 945-8851 and we'd be happy to reach out to them.

In the meantime, be sure to like us on [Facebook](https://www.facebook.com/SonsOfNorway) or follow our [Twitter feed](https://twitter.com/SonsOfNorway) for additional content, articles and news information related to the site.

FEBRUARY



Peggy Cames	1	Walter Hoff	15
Harmony Andersen	2	Inger Mjorud	17
Aleksander Hill	3	Caren Kennedy	23
Greger Sutton	3	June Copper	24
Ethan Hoff	5	Jordan Keith	24
John Zimmerman	11	Kenneth Olson	24
Amanda Partin	12	Britt Kausland	25
Jared Lindenberg	14	Virginia Ballard	26
		Timothy Bergan	28
		Anne Sivertsen	28



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