



# VIRGINIA VIKING

SONS OF NORWAY HAMPTON ROADS LODGE NO. 522

PRESIDENT: MICHAEL J. BECK    VICE PRESIDENT: BOB RUMNEY

SECRETARY: JUNE COOPER    TREASURER: RAGNHILD ZINGLER    EDITOR: THOMAS RUSSELL

## The President's Corner



On behalf of the Lodge I wish to extend condolences to Brother Hal Bernsen and family on the death of Hal's wife Doris. Please keep Hal and his family in your prayers.

Our first non-business meeting was a great success, The meeting was held at the Total Wine Store in Virginia Beach. Following a brief meeting we watched a video on OSLO. This was followed by a wine tasting and explanation of wines by Total Wine Store personnel.

The February meeting was what we are calling a Social Meeting as opposed to a Business Meeting. We are required to have four Business Meetings a year, which we will usually be held first month of the quarter. The other meetings will be Social Meetings. We will also continue to have our Fellowship Dinners. The schedule of all these opportunities for fellowship and exploring Norway, and your heritage, are provided in this newsletter.

The March meeting will be a movie/popcorn event. We will show the film "The Vikings" starring Kirk Douglas & Tony Curtis." The movie was filmed in Norway. We will meet at Bayside Church, in the Fellowship Hall at 7 PM.

March and April will be very busy months for the lodge. You will receive information on all events in this Newsletter and on the website. Please mark these events on your personal calendar.

The Norwegian Kings Guards will be performing at the Norwegian Lady Ceremony in Virginia Beach (21 April), marching in the NATO Festival Parade (April 27), and performing in The International Tattoo (April 25-28). If you have never seen the Kings Guard go to youtube.com and put in Norwegian Kings Guard.

We need marchers and float riders for the parade and help in preparing the Sons of Norway floats (2). The exact dates we will be working on them will be announced.

Once again we will have a booth at the International Children's Festival in Hampton Virginia (Apr. 20). We need volunteers to assist in manning our booth. This festival is always a lot of fun with many countries represented.

Congratulations to Brother Ralph Petersen on his election to the position of International Vice-President.

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## District President's Message

Dear Brothers and Sisters:

Activity Reports! A reminder that March 1st is the deadline for each lodge requirement to submit their AFA (American Fraternal Alliance) Lodge activity report. Please do not take this form lightly, for it ensures that the order of Sons of Norway will keep it's not for profit status.

Coincidentally, this is also the time of year to complete your lodge Achievement form, which is used to help select the Lodge of the year and the Family lodge of the year. Help your secretary accomplish this during an officers meeting and then read it quickly at your regular meeting. Many hands make light the work!

Collaborating on this project will help ensure you've included all your lodge activities in your report. Another suggestion would be to review your lodge calendar of events and scan your newsletters for items that can be used on the form. Once completed, send the form to your Zone Director before March 1st. It is my responsibility to review and enhance the scoring and have it returned to headquarters by March 15th.

No matter the size of your membership, filling out this form is a good way to see how much you have accomplished over the year!

Using the Lodge achievement form is also a great recruitment tool. It shows perspective members what your lodge does within the community and entices them to join.

As President it will give me an idea what lodges enjoy doing and can be used as a great source for event sharing within our District.

Happy St. Patrick's Day!!!!

Hope you celebrate the Vikings influence on their Irish neighbors. Éirinn go brách !

Alt for denned gangen, Gail

Third District President, Sons of Norway

Ask & Advertise ----- Mentor and Mingle.

**WE ARE STILL LOOKING FOR A CHAIRPERSON FOR LAND OF THE VIKINGS.  
ANYONE INTERESTED IN THIS POSTION AND WOULD LIKE MORE  
INFORMATION PLEASE CONTACT ME - 845-676-3891**

# March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b> DL Saving Time	<b>11</b> Dinner at Chef's Table Call or Email Mike Beck 667-0416 <a href="mailto:bchviking60@gmail.com">bchviking60@gmail.com</a>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b> St. Patrick's Day	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b> Movie Night Bayside Presbyterian Fellowship Hall 7 pm "The Vikings"	<b>23</b>
<b>24</b>	<b>25</b>	<b>26</b> Passover	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>31</b> Easter					<b>Notes:</b>	

### April

- 18<sup>th</sup> - Regular Meeting - 7:30 pm - Bayside Presbyterian Church.
- 20<sup>th</sup> - Children's Festival - Hampton - Volunteers needed.
- 21<sup>st</sup> - The Norwegian Lady Ceremony - 2 pm - 25<sup>th</sup> and Atlantic Avenue
- 27<sup>th</sup> - NATO Festival - Marchers and Float riders needed
- 28<sup>th</sup> - International Tattoo - 2:30 pm

## Newsletter and Website Submissions

If anyone has any news or announcements to be published in the newsletter or on the website please send to: [hsoneditor@gmail.com](mailto:hsoneditor@gmail.com)

Please have newsletter submissions one week before the end of the month.

## Trendy Norwegian Knitting

Once thought of as a quaint hobby, knitting is shrugging off its traditional image and is quickly becoming a hot trend worldwide. Wool garments are found everywhere from your grandmother's closet to fashion shows and catwalks.

Knitting has always been a prominent part of Norwegian culture, however, in recent years it has grown to include a younger, urban crowd of knitters. In Norway this trend is supported by celebrities like TV personality Dorthe Skappel and actress Sofia Gråbøl. The online release of Skappel's "Skapple jumper" pattern, featuring Alpaca wool, quickly led to a wool shortage in shops around Norway. The Faroe Isle knitwear frequently worn by Gråbøl is also in high demand.

The effects of this booming knitting industry can easily be found throughout Norway. In Sandnes, a once ailing wool mill is now the biggest wool supplier in Norway and has experienced a 50% increase in sales. Knitting books are also in demand in Norway like that of Fashion designers Arne Nerjød and Carlos Zachrisson, who's book, *Julekuler*—featuring 55 hand-knit ball Christmas ornaments—is in its fourth printing, selling over 37,000 copies.

Norway has a marked history of impacting worldwide knitting and textile trends. The "Marius" pattern was at the forefront of this movement in 1954 when famous Norwegian war hero, actor and skier, Marius Eriksen modeled this unique design crafted by Unn Søliland in the film "Troll i Ord." Featuring the bold colors of the Norwegian flag, the "Marius" sweater was unusual for its time. 60 years later the "Marius" sweater is still the most sold and hand knit pattern in the world and its creator, Unn Søliland, is the recipient of the Royal Medal in Gold for her lifetime contribution to Norwegian hand knit traditions and their promotion internationally.

Want to be a part of the new knitting trend? Be sure to check out the knitting unit of the Cultural Skills Program available for download in the "Members Only" section of the Sons of Norway website or call 800-945-8851.

## Celebrity Knitters

Katherine Heigl

Julia Roberts

David Arquette

Uma Thurman

Sarah Jessica Parker

Ryan Gosling



Jennie Garth

Dakota Fanning

Tim Daly

Audrey Hepburn

Karen Allen

Daryl Hannah

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## Tubfrim Winner Announced

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Thursday, January 10, 2013 was a lucky day for Thor 2-042, Salem, OR. The lodge was the winner of the Tubfrim drawing to give away a ticket to Norway, worth up to \$1,000. Their postcard was drawn from among 1,769 other cards. With one card for every pound sent to Norway that means that Sons of Norway sent at least 1,770 pounds of stamps to Tubfrim in 2012.

For the past 27 years, our members have been clipping canceled postage stamps and sending them to Tubfrim, who then sells them to dealers and collectors.

Originally the money raised went to help children afflicted by tuberculosis. Since tuberculosis is no longer the threat to health that it once was, today the proceeds from the resale of stamps helps improve the quality of life for children and youth with disabilities and special needs. Sons of Norway members are the largest contributor outside of Norway to Tubfrim's efforts, sending nearly 30% of all stamps collected.

While helping children is a great motivation for our members to participate, there is a special incentive to say "thank you." For every pound of stamps collected, the member or lodge can enter a drawing, held in mid- January every year, to win a round trip ticket to Norway, worth up to \$1,000. The official postcard to enter the drawing can be order from the Sons of Norway Supply Department, 800-945-8851 ext 645 or [supply@sofn.com](mailto:supply@sofn.com).

If you would like to participate in the Tubfrim contest and get a chance to win a free ticket to Norway, visit the Tubfrim page on the Sons of Norway website. For more information or questions, contact Sons of Norway Tubfrim chairperson, Gene Brandvold, at 952-831-4361 or [genegbrand@aol.com](mailto:genegbrand@aol.com).

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## Gratulerer Med Dagen

Ken Olsen and his daughter June Cooper who share the same birthday, 24<sup>th</sup> of February; celebrated Ken's 90<sup>th</sup> birthday together.



Ken being half Swedish, shares a Swedish-Norwegian cake with daughter June

## Candied Orange Cake

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During Easter time, Norwegians eat more than three times as many oranges as they do during the rest of the year. That's 20 million pieces of fruit in just a couple of days!

### Candied Orange Cake

- 3 navel oranges
- 2 cups sugar
- 1 cup water

Cut ends from oranges and cut into  $\frac{1}{4}$  inch slices. Combine sugar and water in a saucepan and bring to a boil. Add orange slices. Turn to medium heat and continue at a low boil, uncovered, for 12 minutes, carefully stirring slices and syrup.

Remove from heat. Line a baking sheet with parchment and preheat oven to 200°F. Arrange orange slices with a fork or tongs on baking sheet. Bake orange slices for an hour. Remove from oven and allow to cool. Store in airtight container. Keep remaining orange syrup and chill in a bowl until needed.

### Candied Orange Cake

- $1\frac{1}{3}$  cups all-purpose flour
- 2 tsp baking powder
- $\frac{2}{3}$  cup milk
- 2 tbsp butter, softened
- 1 teaspoon vanilla
- 5 candied orange slices, chopped (about  $\frac{3}{4}$  cup)
- $\frac{2}{3}$  cup sugar
- $\frac{1}{4}$  tsp salt
- 2 tbsp olive oil
- 1 egg
- candied orange slices

Combine flour, sugar, baking powder and salt in a mixing bowl. Add vanilla, milk, oil, butter and egg and beat with mixer on low until blended. Continue to beat mixture for an additional minute on medium speed. Add chopped candied orange slices and stir. Set aside.

Grease and flour a round 9 x 11/2 inch pan and pour in batter. Place pan in a preheated 350°F oven for 25 to 30 minutes. Test with a toothpick in center for doneness. Cool on a wire rack for 10 minutes, then remove cake from pan and allow to cool completely.

Top cake with candied orange slices and drizzle with orange syrup.

## The Sami Easter Festival

### March 27 - April 1, 2013

*a little in English...*

The Sami culture is alive even today. The famous Easter festival is an example of this, an annual event with proud traditions. Easter was the time of year when Sami from throughout the region gathered in Kautokeino. They celebrated the end of the long winter and its darkness with religious parties and weddings.

85% of residents in Kautokeino are Sami speakers, and one of three work with reindeer. Kautokeino has the largest reindeer community.

At Easter, the sun has returned, and daytime temperatures are pretty manageable. It is the beginning of the Easter festival. Sami weddings receive thousands of guests, and bryllupsbidosen (stew) is served around wooden table settings. The Kautokeino community kicks off the whole Easter week with a good mix of party, fun, worshiping, cultural and exciting competitions.

Sami Grand Prix is a music competition with participants from all over Sápmi, with two classes of competition, joik and pop music. Joik is a living song tradition that is constantly evolving, so the material is entirely new. The class of pop music moves from joik inspired music to hard rock. Similar to the Eurovision Song Contest the audience decides the winner, so the Sami radio streams live and includes voting from across Lapland.

The concert goes on through Easter week is varied and includes Sami rock, jazz and joik inspired music and famous Norwegian artists. Often the country's most famous artist, Mari Boine, performs. The Sami theater there, Beaivváš provides a premiere location.

Nowhere in the world do you get so much Sami culture in such a short period of time during the Easter festival. To visit, however, requires some planning. Kautokeino is reached most easily by car, as there is a shortage of public transportation. Accommodation must certainly be organized in advance. Worth the hassle? Absolutely! See their homepage for this year's program.

## Samisk påskefestival

### 27. mars - 01. april 2013

*litt på norsk...*

Den samiske kulturen er levende, også i dag. Den berømte påskefestivalen er et eksempel, et årlig arrangement med stolte tradisjoner. Påsken var den tiden på året da samer fra hele regionen samlet seg i Kautokeino. Man feiret at den lange mørketiden var over med religiøse fester og bryllup.

85% av innbyggerne i Kautokeino er samisktalende, og en av tre jobber med reindrift. Kautokeino er Norges største reindriftskommune.

I påsken er sola tilbake, og dagtemperaturene ganske greie. Det er begynnelsen på påskefestivalen. Samiske bryllup fikk tusen gjester, og da serveres bryllupsbidosen (lapskausen) i tre bordsettinger. Befolkningen i Kautokeino har nå blitt vant til å sette av hele påskeuka til en god blanding av fest, moro, gudstjenester, kultur og spennende konkurranser.

Samisk Grand Prix er en musikkkonkurranse med deltakelse fra hele Sápmi, og det konkurreres i to klasser, joik og popmusikk. Joik er en levende sangtradisjon i stadig utvikling, så materialet er nykomponert. Klassen for popmusikk beveger seg fra joikinspirert til hardrock. Akkurat som i Melodi Grand Prix er det publikum som avgjør, så sameradioen overfører direkte og avvikler stemmegivning over hele Sameland.

Konsertprogrammet påskeuka igjennom er variert, og omfatter samisk rock, jazz og joikinspirert musikk og landskjente, norske artister. Ofte er samelands mest kjente artist, Mari Boine, til stede. Det samiske teatret Beaivváš stiller gjerne opp med en premiere eller en markering.

Ingen steder i verden får du så mye samekultur på så kort tid som under påskefestivalen. Å dra dit krever imidlertid litt planlegging. Kautokeino nås enklest med egen bil, da det er smått med offentlig transport. Overnatting må absolutt organiseres på forhånd. Verdt strevet? Så absolutt! Se hjemmesida deres for årets program.

<http://www.nordnorge.com/no/festival-kultur/?News=6>  
<http://www.samieasterfestival.com/index.php>  
<http://www.visitnorway.com/no/Reisemal/Nord-Norge/Kautokeino/>

# MARCH



Kyle Lindenberg 3

Julia Abraham 5

Elizabeth Kise 6

Terra Brubaker 8

Dale Christensen 11

Arlene Olsen 13

Lucia Liptakova 14

Phyllis Grubbs 16

Barbra Stehlik 17

Joseph Gulas 19

Wilma Fehrs-Foss 20

Kaitlin Ammons 21

Cameron Keith 21

Odd Vinnelrod 22

Kristine VanWerkhoven 25

Sarah Ammons 27

Kjell-Ove Skare 28

Benjamin Denton 30

Mario Quaglietta 30



VIRGINIA VIKING

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