



VIRGINIA VIKING

SONS OF NORWAY HAMPTON ROADS LODGE NO. 522

PRESIDENT: BOB RUMNEY VICE PRESIDENT: MICHAEL J. BECK

SECRETARY: JUNE COOPER TREASURER: RAGNHILD ZINGLER EDITOR: THOMAS RUSSELL

The President's Corner



Greetings,

The February Meeting at the Total Wine shop and the March "Movie Night" meeting were a great success and a good time was had by all those who attended. Also, the fellowship dinner at the Chef's Table Restaurant was well attended. It has been great to see so many enjoying fellowship among the lodge members.

The plan to have one business meeting a quarter and the other monthly meetings to be social meetings seems to have been well received. In that regard, the April Meeting (18 April) will be a business meeting (followed by a very interesting program). I plan to send out the meeting agenda items to all members prior to the meeting. A Danish Naval counterpart of Steve Carnes will be presenting a talk and slide show of his life living in Greenland in 1956 when he was 7 years old. He went back and forth to boarding school in Denmark and can give us all an interesting program of growing up at that time. Please come and show him support for his interesting program.

In March, the lodge participated in a very moving ceremony at the Virginia Beach Oceanfront by the Norwegian Lady Statue. Forty years ago, in 1973, two Norwegian coal ships left Norfolk with a full load of coal. Both ships were lost in a storm with only one surviving crew members. Family members came from Norway to commemorate the 40th anniversary of this date. There was a moving ceremony and the laying of a wreath by the statue. This ceremony received coverage on Norway's television news.

April is a very busy month for the lodge. April 18 will be our regular monthly meeting which will be held at Bayside Presbyterian Church (entrance off of Independence Blvd), time 7:30 p.m. The Children Festival will be on the 20th in Hampton. We always need volunteers for this event. Please contact June Cooper if you can help out (467-4420). This is a fun event and well attended by both children and adults. The Norwegian Lady Ceremony will again take place on the Oceanfront boardwalk on 25th Street. This should be quite exciting this year as the Norwegian Royal Guard will be performing and marching down the boardwalk (time 1 p.m.). Our Lodge members have been asked to provide refreshment following the service. Please come and help out and enjoy the very moving ceremony. On the 27th, we will again participate in the NATO Festival. We will need marchers and flag wavers for the parade which will begin at 10 a.m. at Harbor Park.

Our Lodge depends on your participation. With out your help, little would be done. We have many exciting opportunities for your involvement. The more you become involved, the more you will enjoy the full benefits of membership.

Hilsen,

Bob Rumney

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Visit us at: hrson.zzl.org

District President's Message

What makes the Third District unique in Sons of Norway? The Third District is the only district in Sons of Norway with a charitable trust Fund. This exemplifies the true meaning of Sons of Norway..... helping our fellow members. This fund was established in 1971, so this is the 42nd year! This fund was initiated by a committee of dedicated Son of Norway members which consisted of Jan Hendriksen, Edmond Trabulsy, Sigvald Andersen and Frank Monnick, who felt it was time to "put our money where your mouths are ... literally! To date we have helped brothers and sisters who, without this assistance, might not be able to meet their bills, buy adequate food or purchase medicine they need to live. Never understate the good this fund does!

In an effort to help members know and support this great endeavor, The Third District Charitable Trust, we are asking all third district lodges to appoint their Counselors as the Charitable Trust Advocate.

Have you seen the new logo (see Kris's report) the "circle of friends"? A district goal for 2013 is to have lodges donate to the Charitable Trust. The logo will be designed with the name of the lodge proudly on it and will be displayed at the 2014 convention. It is our goal to see 52 logos on display (54, if lodges 000-999 take up the challenge!)

This April, I hope each individual member feels they can make a donation. The dollar amount is not important, it is the fact that we as individuals are joining together for the greater good and true purpose of the order.

Thanks to everyone who supported The Third Distort Charitable Trust in the past. Together, let's make sure this great legacy has a bright future!

As we celebrate the Easter Season lets us remember what some have given for all of us to have a better life. Rolf and I wish you a very blessed Paske.

Alt for denned gangen,

Gail

Third District President, Sons of Norway

Ask & Advertise ----- Mentor and Mingle.

Get Well Soon

The lodge would like to wish the best for
Joe and Astrid Gulas



April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Easter Monday	2	3	4 Board Meeting 7 pm	5	6
7	8	9	10	11	12	13
14	15 Tax Day	16	17	18 Lodge Meeting 7:30 pm	19	20 Children's Festival Hampton
21 Norwegian Lady Ceremony 1 pm 25th and Atlantic	22 Earth Day	23	24	25	26	27 NATO Festival 10 am Harbor Park
28	29	30				
					Notes:	

Newsletter and Website Submissions

If anyone has any news or announcements to be published in the newsletter or on the website
please send to: hroneditor@gmail.com

Please have newsletter submissions one week before the end of the month.

The Role of Viking Women

A new thesis by Marianne Moen may offer some new insights into the complexities of women's roles in Viking society.

In her paper, *The Gendered Landscape*, Moen cautions that scientific interpretation of archeological burial findings may be selling Viking women short. "To assume that Viking men were ranked above women is to impose modern values on the past, which would be misleading," says Moen. For example, in the famous Oseberg ship excavation of 1904 archeologists were stunned to discover two female skeletons rather than a king or chieftain. "The first theories suggested that this must be the grave of queen Åsa mentioned in Snorr's Ynglinga saga, and that the other skeleton was her slave servant," says Moen. Carbon dating of the ship to around 834 AD later disproved this theory. Since the Oseberg ship excavation bears such similarities to the Gokstad (1880), Moen asserts it is reasonable to believe that the women buried with the Oseberg ship held important status—status that Moen warns may not necessarily be tied to "who she was married to or had mothered."

Moen also asserts that too much historical credence may be given to historical texts. "Our perception of religion's influence in the society is based on texts written hundreds of years afterwards, by men from a different and more misogynistic religion." She goes on to say, "As archaeologists we have to base our analyses on archaeological material. Historical material do have some value, but only as secondary sources," says Moen.

While more graves belonging to men have been discovered than those of women, Moen suggests that identification of the archeological findings may not be clearly male or female. In situations where human remains aren't available, archeologists rely on the type of objects present to identify a burial site. "There have also been cases of male graves with beads and woven cloths, and women were sometimes buried with smaller weapons, for instance arrowheads. Generally it is fairly obvious what constitutes male or female objects, but the lines were sometimes blurred," says Moen.

Moen suggests, "If it is the case that women belonged to the private sphere of the home and men were in the public sphere of society, this should be reflected in the burial landscape." However, burial sites in the Kaupang area that Moen has studied contain side-by-side graves of both men and women with equal prominence. "The domestic role of Viking women may have been less limited to the private sphere than it is today. The large estates were contemporary seats of power, and the woman of the house had the keys. How private or public this role was should be interpreted outside our own cultural context," said Moen.

Oslo is Ready to Shine

a little in English...

Rio de Janeiro, Accra, Ningxia and Oslo. All towns listed in the New York Times as destinations that should not be missed in the coming year. Among the list of 46 carefully selected destinations, Oslo is the only city in Scandinavia mentioned

Despite the fact that it has been easy to overlook small Oslo in the company of other Scandinavian capitals, the Tjuvholmen and Astrup Fearnley Museums helped to change this impression, writes the American newspaper Tuesday.

They emphasize that the interior and the architecture of Oslo's waterfront gives the neighborhood an artistic touch.

Furthermore, the newspaper said, the Maaemo restaurant has captured the world's eyes after receiving two Michelin stars after being open for only one year.

Again, this proves why Oslo is ready to shine.

“This is associated with urban development in Oslo in recent years, especially with a phenomenal attention from the U.S. regarding the opening of the Astrup Fearnley last September. The sale of *Scream* peaked international media attention around Oslo in many ways”, says a delighted Tor E. Sannerud, CEO of Visit Oslo, told Aftenposten.

He believes that Norway could be better off emphasizing the capital as a tourism product rather than just focusing on the fjords and mountains.

Old industrial areas are converted to cultural and recreational areas. Just look at the Norwegian Opera with 1.6 million visitors in 2012. The Holmenkollen area with both the cross country and biathlon stadium are also strong cultural investments. And there will definitely be new investments in the near future. “We may not have seen so many cultural investments in Oslo ever that we have experienced over the last decade”, says Sannerud to Aftenposten

Oslo er klar til å skinne

litt på norsk...

Rio de Janeiro, Accra, Ningxia og Oslo. Alle byene er i følge New York Times reisemål man ikke bør gå glipp av i året som kommer. Og blant lista på 46 nøye utvalgte destinasjoner er Oslo den eneste byen i Skandinavia som nevnes.

Til tross for at det tidligere har vært enkelt å overse lille Oslo i selskap med andre skandinaviske hovedsteder, har Tjuvholmen og Astrup Fearnley-museet bidratt til å endre på dette inntrykket, skriver den amerikanske avisa tirsdag.

De understreker at interiøret og arkitekturen på Oslos sjøside gir nabolaget et kunstnerisk preg.

Dessuten, skriver avisa, har restauranten Maaemo fått verdens øyne på seg etter at de mottok to Michelin-stjerner etter kun å ha vært åpent i ett år.

Igen beviser dette hvorfor Oslo er klar til å skinne.

“Dette henger sammen med byutviklingen i Oslo de seneste årene og spesielt med en fenomenal oppmerksomhet fra USA rundt åpningen av Astrup Fearnley i september i fjor. Salget av *Skrik* toppet på mange måter den internasjonale medieoppmerksomheten rundt Oslo”, sier en svært fornøyd Tor E. Sannerud, administrerende direktør i Visit Oslo, til Aftenposten.

Han tror Norge kunne vært bedre på å framheve hovedstaden som reiselivsprodukt framfor bare å fokusere på fjorder og fjell.

Gamle industriområder gjøres om til kultur- og rekreasjonsområder. Bare se på den norske operaen med 1.6 millioner besøkende i 2012. Holmenkollenområdet med skiarena og skiskytterstadion er også sterke kulturinvesteringer. Og det vil helt sikkert komme nye investeringer i nærmeste fremtid. “Vi har kanskje ikke sett så mange kulturinvesteringer i Oslo noensinne som vi har opplevd det siste tiåret”, sier Sannerud til Aftenposten.

<http://www.osloby.no/nyheter/Derfor-er-Oslo-klar-til-a-kinne-7092687.html>

<http://www.nytimes.com/interactive/2013/01/10/travel/2013-places-to-go.html?smid/fb-nytimes>

Campfire Bread with Hot Dogs and Homemade Tartar Sauce

- 4 hot dogs
- 4 slices of bacon
- 4 slices of cheese



Bread Dough

- 1¾ cups flour
- ½ tsp salt
- 2 tsp baking powder
- 3 tbsp butter
- ¾ cup water, milk or buttermilk

Combine dry ingredients with butter and stir until texture is grainy. Add liquid (water, milk or buttermilk) to mixture and work into a dough-like consistency. Divide into 4 pieces and roll dough into a sausage shape.

Wrap a slice of bacon and cheese around each hot dog. Next, twist dough around wrapped hot dog and skewer with a stick. Carefully heat hot dog over campfire and grill until cooked.

Homemade Tarter Sauce

- ½ cup crème fraiche
- ¼ cup mayonnaise
- ½ cup chopped pickles
- 1 tbsp curry
- salt and pepper

Combine ingredients and season with salt and pepper to taste.

This bread can be prepared at home by mixing dry ingredients in a plastic bag at home. When it is time to bake the bread, just add your liquid of choice (water, milk or buttermilk) and butter and work into dough.

Lodge Revenue Sharing Program

Building a strong lodge often takes a lot of time and effort on the part of the members and elected leadership. Whether it's planning a new, interesting lodge program to attract new members or making all the arrangements for a fundraiser to help financially support the lodge, members put in a lot of hard work. But what would you say if you were told that there is a way to financially support your lodge through something you're either already doing or ought to be thinking about?

We're talking about purchasing life insurance from Sons of Norway.

Thanks to the Lodge Revenue Sharing Program, offered by Sons of Norway headquarters, lodges can financially benefit when their members purchase our Life Insurance products. In fact, each year Sons of Norway distributes thousands of dollars to the lodges through this program and helps financially support their cultural and heritage endeavors.

So, if you've been thinking about buying life insurance, why not buy it from Sons of Norway? In addition to offering sound, proven financial products, a portion of your premium will go to help strengthen your lodge and provide financial support for all the things that are important to you.

If you'd like to learn more about Sons of Norway life insurance or the Lodge Revenue Sharing Program, contact us at 800-945-8851 or reach out to the Financial Benefits Counselor Michael Beck at (757) 963-5102 or bchviking60@gmail.com

APRIL



Patrick Peterson 1

Kayla Vanwerkhoven 6

Allan Nadolski 7

Kay Klenow 12

Isabel Pflueger 12

Michael Beck 16

Cole Partin 16

Evelyn Keever 17

Austin Sutton 18

James Larsen 19

Julia Peterson 19

Brain Friedman 23

Deanna Rumney 24

Kaii Iversen 26

Reinholdine Pierson 28



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