



VIRGINIA VIKING

SONS OF NORWAY HAMPTON ROADS LODGE NO. 3-522

President: Ralph Peterson Vice President: Jack Kise Secretary: June Cooper Treasurer: Ragnhild Zingler

The President's Corner



Morn morn alle sammen. Well, today we are finally catching our breath after the District convention. Let me recap some of the events for you. The resolution to sell LOV failed but not by that much. All the facts were on the side of selling however many lodges in favor of selling did not send Delegates to the convention. The resolution to lower the dues failed. Our dues will remain the same for the next 2 years and the only way to reduce them is to reduce our local dues, and we could do that

with a bylaw change. Hampton Roads was singled out for several awards during the convention. The lodge won a **Founders award in 2015** (that included a \$50 check) for more than a 3% gain in membership. AnneGrete **won 2nd and 3rd** place awards for her needle work. We were awarded **"Gold Merit" for both 2014 and 2015**. We have annually been awarded the "Gold Merit" status since Deanna Rumney was president. That is a real feat. Only those who accumulate enough points on the "Lodge of the Year" applications get Gold. There are also Silver and Bronze categories as well. I believe that there are only one or two lodges besides us who have an unbroken streak of "gold" over that time period. There are many reasons why we got gold; the events planner, the participants in the events by the members, publicity, newsletters, insurance participation by various members, a superb treasurer, the budget and audit committees, our bazaar and more but the main reason is because of the hours put in by our secretary June Cooper to correctly collect and submit the information. She has done a marvelous job over the years and we are most grateful for her efforts. The grand finale came at the Saturday night banquet when Hampton Roads was awarded the **Large Lodge of the year for 2014**. We shared the honor with Gateway to Florida. That is the first time I have seen a tie for the honor. It's all about points. This is the 3rd time that we have been awarded the Lodge of the Year in a 14 year run. NOT BAD!!!! Your District delegates were very involved with the discussions. Don O was on the finance committee and had a lot of face time with the convention. There were 114 delegates there. We could have had about 150 delegates if they would have all showed up. Votes do count as the International Director race was won by one ballot. I hope we have a good day for our picnic as we now have just over 50 signed up. Remember the board meets at the lodge regular meeting time and place in June, July and August. You are welcome. I still have no volunteers for the nominating committee and no whispers of anyone wishing to hold office. If we should have to fold at least we will go out with a bang.

Reminder

MidSummer Picnic

June 18th – 3pm

Peterson Home

Med vennlig hilsen,

Ralph

Fra Presidenten, Mary B. Andersen, June 2016



"Feeling gratitude and not expressing it is like wrapping a present and not giving it." William Arthur Ward

Over the past two years I have shared great happiness and sorrow with you. Sorrow at the loss of a dear fraternal brother or sister and great happiness celebrating lodge anniversaries and just attending lodge meetings. Most recently I, and other Board members, former and current, attended Hudson Valley's 70th

Anniversary and Faerder's 105th Anniversary. It was such a great feeling to see connections made years ago renewed and strengthened. As the commercial says, the experience was "priceless". Over the next few months there are other anniversaries to celebrate including:

- Garborg's 90th
- Nordkapp's 95th
- Blafjell's 20th

I am so grateful to each of you who support Sons of Norway, your lodge, your zone and your District. I am incredibly grateful to the 3D Board, the LOV Board and all the lodge Boards. I am grateful to those who labor behind the scenes maintaining our Facebook page and our website; those who organize our golf tournaments year after year; those who are just there simply being you. You are unique and a valuable part of Sons of Norway and are much appreciated. We have a convention this month with a lot of business to transact. I appreciate all of the delegates who will take the time to read all the resolutions, talk to their lodges, gain consensus on a vote (yea or nay), and vote according to your lodge's direction.

I am grateful to all of you and the opportunity to have served as your President for the past two years. Have a healthy, happy and safe summer!

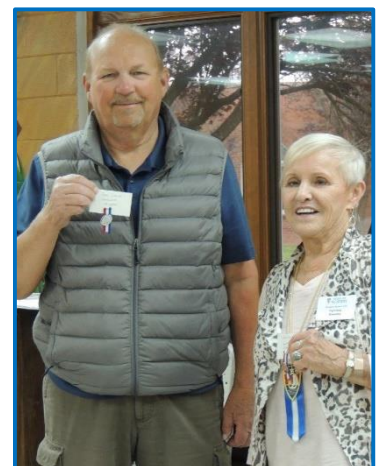
All the best, Mary

The Full District Newsletter can be found online at <http://3dsofn.org/news/district-newsletter/>

Congratulations To Our Sports Medal Winner!

Jim Zingler: 5th Enamel in Gangemerke

(Pictured Left: Jim Zingler with Sports Director, Cindy Sanoba)



Celebrations at the May Membership Meeting!



Left: President Ralph Peterson holding the First Place NATO Parade Trophy



Top Center: Hurrah for Syttende Mai cake



Right: Norwegian Songbirds from left to right: Mary Zimmerman, June Cooper, Astrid Gulas, Carol McCarthy

Bottom Center: left to right: June Cooper, Mary Zimmerman, Carol McCarthy, Harriet Lindenberg, Vivian Zingarelli, Astrid Gulas, Helen Wallace, Synnove Quaglietta, Sylvia Foster

Membership Pin Recipients



Pictured Left to Right: June Cooper (10 years), John Zimmerman (10 years), Mary Zimmerman (25 years), Harriet Lindenberg (10 years), Astrid Gulas (40 years), Ragnhild Zingler (15 years), Synnove Quaglietta (15 years), Sylvia Foster (40 years), Helen Wallace (10 years), Pamela Geisinger (10 years), James Zingler (15 years), Carol Johnson (5 years), Cynthia Sanoba (10 years), Deanna Rumney (15 years), Robert Rumney (15 years), Floyd Friesen (10 years)

Recent Outings / Events

Any Day There's a Ballgame Involved Is a Good Day

Harbor Park, Norfolk, VA June 5, 2016



Top Left: Henry Lindenberg, Harriet Lindenberg, Eric Beyer, and behind them; Tonya and David Snow. Just some of the members and family (including Ralph Peterson and Lenny and Vivian Zingarelli, and Holly Snow– not pictured) coming together to enjoy a good game and good fellowship.

Top and Bottom Right: Scenes from the field.

Virginia Beach meets Myrtle Beach at the District Convention June 8-12

Pictured Left:

Convention Delegates and Spouses:

Front row (Left to Right): Mary Ohnemus, Deanna Rumney, AnneGrete Peterson, Ralph Peterson, Vivian Zingarelli

Back row (Left to Right): Don Ohnemus, Robert Rumney, Leonard Zingarelli

P.S. Hampton Roads was one of 5 lodges receiving a "Founders Day" award at the convention. Also received was the gold merit award for both 2014 & 15. One of the few lodges to do so.

We won **LODGE OF THE YEAR 2014**

Did You Know

Update on the Draken Harald Hårfagre



Last leg of the crossing of the North Atlantic Ocean – On the 27th of May, Draken headed out for her last leg on the crossing of the North Atlantic. Leaving Greenland, facing the challenges of ice, waves, weathers, wind, fog and the freezing cold air of the Labrador sea. At last check, should be reaching Quebec City in a few days. More information at: <http://www.drakenexpeditionamerica.com>

Gratulerer Med Dagen (Happy Birthday) To The Following Members:

Vickie Ammons

Susan Berg

Katharinak Brekke Powers

Pamela Geisinger

Terrence Grandstaff

Arlene Hendrickson

Carol Johnson

Karen Kise

Melody Ann Loftheim

Marie Nilsen

Vencka BJORLO Peterson

John Dennis Pettersen

Ole Raustol

Linda Reynolds

John Stehlik

Anne Lise Truitt

Mary Zimmerman



June 20th – June Solstice in Norway

On the June solstice, the midnight sun is visible (weather permitting) throughout the night, in all areas from just south of the Arctic Circle to the North Pole.

On the other side of the planet, south of the Antarctic Circle, there's Polar Night, meaning no Sunlight at all, on the June Solstice.

Find this and more info. at: <http://www.timeanddate.com/holidays/norway/>

Come join us for our own MidSummer Celebration / June 18th!



Happy Father's Day

How About Trying This “Manly” Recipe: [NORWEGIAN POTATO KLUB](#)

Ingredients

6 slices of bacon

2 cups all-purpose flour

½ tsp. baking powder

10 medium potatoes, peeled and shredded

2 tsp. salt

1. Place bacon in a large skillet over medium-high heat. Remove bacon from the pan, and reserve the grease.
2. In a medium bowl, stir together the flour and baking powder. Stir in potatoes to make a sticky dough.
3. Bring a large pot of water to a boil, and add 2 teaspoons of salt. Squeeze the potato mixture into 6 or 7 dumplings, or your desired size. Drop carefully into the boiling water. Simmer for 45 to 60 minutes. Remove to a platter with a slotted spoon.
4. Serve with bacon grease brushed over the top (or can substitute with butter and sugar sprinkled over the top), and crumbled bacon. These may also be sliced and fried the next day for another great meal.

Allrecipes.com



Virginia Viking

1125 Selwood Drive
Virginia Beach, VA 23464-5809