



VIRGINIA VIKING

SONS OF NORWAY HAMPTON ROADS LODGE NO. 3-522

President: Ralph Peterson Vice President: Jack Kise Secretary: June Cooper Treasurer: Ragnhild Zingler

The President's Corner



Morn morn alle sammen, I am relaxing this morning after a great lodge Christmas Party. As usual, the food and surroundings at Cypress Point were excellent as was the fellowship. We had close to 80 members and guests there, and I know they had a great time. I would like to thank Vivian and her troops for doing a great job organizing everything. From the herring to the cookies with the

salmon and pork in-between, it was just great. And for Kaare Loftheim, it was a very good night as he won \$125 in the 50/50. Yes, we sang, we danced around the Christmas tree and not one but two Ole/Lena jokes were told. No, only one Ole/Lena joke was told followed by one Ole/Sven joke. I am still chuckling. I hope that we will get a good turnout for our January Meeting. Come out and support your new officers as they get installed by my good friend and current International Secretary Marci Larson (Another North Dakota product transplanted to Florida). We are still in need of an Historian. This is not a time consuming job but it is one that needs to be done. If you would be interested please contact me. We have been faced with a logistic problem for some time now and that concerns paper records. There are a few problems in that the board members just do not have physical storage space, there are many records that we have a problem finding what we really need and sometimes we are at odds with ourselves trying to figure out what we really need to keep. I will be sending you an email in the next few days outlining the plan the board has put together. We have a good idea of what we want to do based on information received from headquarters but there will still be a few tweaks that have to be made. There are legal implications as well as historical implications. We are still looking for someone who can help us put together a plan for cloud storage. Once we get that plan together we can then figure out how to implement the plan. But step one is to decide what to keep and we just about have that figured out. As we approach these festive holiday periods AnneGrete and I ønsker dere en riktig god jul og et Godt Nyttår!!!!

Med vennlig hilsen

Ralph

January 5, 2017
Board Meeting—7pm

January 14, 2017
Lodge Meeting / Officer
Installation

4pm

Fellowship Hall
Bayside Presbyterian
Potluck (Chicken will be
provided)

January 28, 2017
Fellowship Lunch
Location TBA

February 11, 2017
New Member Breakfast
Cypress Point Country Club
9:30– 12:00

Fra Presidenten, Mary B. Andersen, December 2016



December 2016

Fra Presidenten

Follow the bread crumbs



I read an article a while back and the term “success leaves clues” stuck with me. The premise is that if follow the clues and apply them to your situation, you too will be successful. Since this is cookie season, I thought of one of my favorite cookies, krumkake.

I did a search on crumbs/bread crumbs looking for a visual to use. To my amazement I learned it is a term used in website navigation! *“Breadcrumb navigation is a tool used in Web searches that allows users to retrace their steps, or go back to a point in time that relates to their original search. Breadcrumb navigation derived its name from the fairy tale “Hansel and Gretel”, in which the two main characters used a breadcrumb trail to find their way back home.*

The article then goes on to explain three different types of breadcrumb navigation and I will spare you the details but if you want to read more about it, go to

<https://www.techopedia.com/definition/1420/breadcrumb-navigation>.

Hmmmmmmmmmm, “*find your way back home*”. Home for the holidays – my mind was churning. What if we went back to a point in time that relates to why we joined a lodge? Does your lodge still fulfill the need you had when you joined? If not, change it! Volunteer! Do something!

But let’s get back to the crumbs. Look at the lodges that have survived and prospered, what crumbs of advice can they offer? Don’t be afraid to call and ask. Look at their newsletters, their activities, their social media presence, their advertising. Ask what three things enables your lodge to continue to keep members engaged and attract new members? I would like to hear what you learned and how it worked for you!

I wish you all a very Merry Christmas!! Be safe!

God Jul

Mary

PS A great big thank you to professional photographer, Ellie Davies who gave us permission to use her fabulous photo. Check out her website www.elliedavies.co.uk for some amazing photos!!

Lodge Christmas Party Cypress Point Country Club December 4, 2016



Above: Bunad Beauties: Left to Right: Kari Lane, Martha Blau, Grete Sutton, AnneGrete Peterson, Harriet Lindenberg (back row); Ragnhild Zingler, Deanna Rumney (left to right front)



Above: AnneGrete and Ralph Peterson and Grand-son Aleks. What a grand picture!



Above; Left to Right: AnneGrete Peterson and Synnove Quaglietta. Dazzling!



Above: Lodge president Ralph Peterson with 50/50 raffle winner, Kaare Loftheim. Smiles all around!



Above: Henry and Harriet Lindenberg, a vibrant duo! (front); Enjoying the festivities (back).



Center Row; Top to Bottom: Christmas decorations, yummy cookies, delightful diners.



Above; Left to Right: Lovely ladies; Carol McCarthy, Astrid Gulas, Sylvia Foster, Elaine Murray, (front); Joining in good company and conversation (back).

TUBFRIM

There are many ways in which we are asked to assist our fellow human beings (especially at Christmastime). Participation in the Tubfrim program is one of the more simple yet successful ways to do just that. Tubfrim is an organization in Norway that resells canceled stamps and donates the proceeds to help handicapped children and youth in Norway and to finance efforts to eradicate tuberculosis. Sons of Norway is a staunch supporter of TUBFRIM. You can help by saving used stamps. Just cut or tear off stamps from envelopes leaving a slight margin (approximately 1/2 inch) to keep the perforation intact. Damaged stamps cannot be used. Please bring these stamps to the next meeting or mail to **Deanna Rumney, 776 Harris Point Drive, Virginia Beach 23455.**

REMEMBER TO SAVE YOUR CHRISTMAS STAMPS.

TusenTakk
Deanna

St. Lucia Day

St. Lucia Day Celebrated across Scandinavia, St. Lucia Day marks the start of the Christmas season and a time to embrace lighter days to come. The national feast day, part of the Christian Calendar of Saints, is celebrated throughout Norway on December 13. Though the holiday was first introduced with the spread of Christianity, many of the traditions truly took root when the holiday was readopted during the 20th century in Norway. Reclaiming its derivations from the Latin word for light, St. "Lucia" is honored with parades of light during the darkest time of year. In schools across Norway, children celebrate with holiday programs and processions. Throughout hospitals, school buildings and city centers one can find parades of children clad in white, handing out Lussekatter (Lucia cats), saffron-flavored buns, to those passing by. As a way to enjoy the start of the holiday season, families can celebrate this holiday of hope and light by baking the traditional Lussekatter – a recipe for the buns can be found online at <https://food52.com/recipes/8318-saffron-buns-lussekatter>. Or, in honor of the Norwegian tradition, families can join together in singing the St. Lucia Song (lyrics provided below).

Sankta Lucia (Norwegian) Svart senker natten seg i stall og stuer. Solen har gått sin vei, skygene truer. Inn i vårt mørke hus stiger med tente lys, Sankta Lucia, Sankta Lucia! Natten er mørk og stum. Med ett det suser i alle tyste rom som vinger bruser. Se på vår terskel står, hvitkledd med lys i hår, Sankta Lucia, Sankta Lucia! **Saint Lucia (English)** Black night is falling in stables and homes. The Sun has gone away, the shadows are threatening. Into our dark house enters with lit candles, Saint Lucia, Saint Lucia! The night is dark and silent; suddenly a rush in all quiet rooms, like the waving of wings. See, at our threshold stands, dressed in white with lights in her hair, Saint Lucia, Saint Lucia! For more information about Christmas traditions in Norway, visit the Sons of Norway Information Bank in the Member Resources section of the Sons of Norway website at https://www.sofn.com/member_resources/cultural_programming/information_bank/.



Gratulerer Med Dagen (Happy Birthday)

To The Following Members:



Arild Ingebrigtsen 12/1	Gene Foss 12/20
Carl Morrow, Jr. 12/2	Ken Reynolds 12/20
Craig Olsen 12/6	Cynthia Sanoba 12/20
Gunilla Burke 12/8	Jeanne Macdonald 12/22
Mona Denton 12/9	Jennifer Bakke 12/27
Richard Scott Hill 12/9	Linda Beck 12/28
Scott Hill 12/12	Martha Blau 12/28
Harriet Lindenberg 12/14	

Did You Know?

Did you know that New Year's Day is the oldest celebrated holiday? The Babylonians began celebrating New Year's Day on March 23, around 2000 BC. The end of March was the logical choice for the New Year because it's the beginning of spring and it's also when new crops are planted. The Babylonians festivities would last eleven days, and each day was celebrated differently.

In years to come, the Romans continued celebrating New Year's Day at the end of March, but with every new emperor came change and soon the festivities were celebrated on January 1st. *This date has no special significance; it was completely random.* The month of January was placed at the beginning of the yearly calendar because of the mythical god Janus (the god with two faces: one looked forward into the future, and the other looked backward over the past). He was the guardian of doors and entrances, so naturally he oversaw the New Year's beginning.

After Julius Caesar established the Julian Calendar, January 1st was *officially* established as the New Year.

In Greece they bake a bread with a coin inside, and if the third slice has the coin, it is said that spring will be early that year. Similarly, Norwegians make rice pudding with one whole almond, and whoever's serving holds the almond is guaranteed wealth that year.

(<https://www.qualitylogoproducts.com/blog/new-years-traditions-facts-around-the-world/>)

Norwegian Rice Pudding - Risengryn Grod

INGREDIENTS

1 2/3 cups water

3/4 cup long grain rice

1 quart milk

1 teaspoon salt

1 teaspoon nutmeg

1 teaspoon vanilla (optional)

1/2 cup raisins (optional) or 1/2 cup
currants (optional)

Makes 6 Servings

DIRECTIONS

1. Boil water and add rice, cover and lower heat to simmer for 15 minutes.
2. Add milk and, if using them, the raisins or currants and vanilla and bring back to a boil.
3. Cover, lower heat and simmer until the rice is tender, about 20-30 minutes.
4. Season with salt.
5. Serve with butter, milk, sugar and cinnamon.

For a sweeter rice try adding 1/4 to 1/2 cup sugar with the milk.

<http://www.food.com/recipe/norwegian-rice-pudding-risengryn-grod-169479>



Virginia Viking

1125 Selwood Drive
Virginia Beach, VA 23464-5809