



VIRGINIA VIKING

SONS OF NORWAY HAMPTON ROADS LODGE NO. 3-522

President: Leonard Zingarelli Vice President: Jack Kise Secretary: June Cooper Treasurer: Ragnhild Zingler

The President's Corner



Happy New Year! I'm certain that this year will be a banner year for our lodge. We have more events planned for our membership than in the past; giving everyone an opportunity to participate in the ones they most like and are available to attend. I say this while I'm trapped in my house with about a foot of snow covering the roads. I'm writing this from the warm living room in my home, staying out of the bitter cold and snow outside. I know that we are suppose to have Viking blood in us but I still would prefer the warm days of summer to the cold snow days of winter.

I would like to summarize some of the upcoming events we have on our calendar/schedule. Again, you can view our lodge's schedule by reading it in our Virginia Viking Newsletters (cut it out and place on your frig), attached to my membership group e-mails once a month, and found on our web site (hrson.org). First of all, every month, we gather for a fellowship luncheon at a local restaurant. We normally get a small group at these that we share camaraderie and fun. Secondly, at our lodge's monthly business meetings (3rd Thursday each month at 7:30 pm at Bayside Presbyterian Church), we do a little lodge business but spend most of our time attending a fantastic program/presentation that changes each month. This month it's being presented by one of our own members about their Scottish adventure. You don't want to miss this, great reviews. And lastly I would like to mention our upcoming New Member Breakfast at Cypress Point Country Club. For our new members of 2017, your breakfast is free. For everyone else, a great breakfast at a low price. This is a great opportunity for the membership to meet and get to know the new members and welcome them into the lodge. It is also my opportunity to give the new members information of what the Sons of Norway organization can do for them and what is available for them to take advantage of. You will be pleasantly surprised. The New Member Breakfast is on 10 February from 9 am to 11 am. I'll be sending out a separate e-mail requesting RSVPs.

As we eventually get into springtime, we have so many other functions happening that I'll mention them later since I've taken up my allotted space for this month.

Happy New Year!

Lenny

January 18

Membership Lodge meeting
Bayside Presbyterian Church
7:30 pm, Program will be
Elaine Norman and her
Scottish Adventure.

January 27

Fellowship Lunch,
The Butcher's Son
Noon

Hilltop East, off Laskin Rd.

February 1

Board Meeting Bayside
Presbyterian Church
7 PM

February 10

New Member Break
Cypress Point Country
Club 9 – 11 am.
Followed by Bazaar
Wrap Up Meeting
immediately after the
breakfast
(around 11 am).

February 15

Membership Lodge Meeting
Bayside Presbyterian
Church at 7:30 PM
Program to be
determined.



Fra Presidenten, Mary B. Andersen, 3rd District President

January 2018

Fra Presidenten

Time to reboot and rewire*

(Title taken partly from an article in Forbes)

As we start a New Year, I would like to share a few thoughts with you that I've gathered from articles I have read or written over the years. I hope I can do so in a way that flows and makes sense!

Reboot

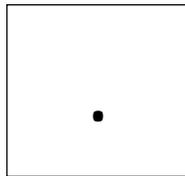


How many times have we experienced the message to reboot our computers? Sometimes it is to install an update. Other times it is to solve a problem and the easiest way is to turn the machine off and turn it back on again.

Many of our lodges will be "rebooting" by installing new lodge officers. Some of our members are taking roles that they have held before because no one else is available to take on the job. In one of my VP letters from 2013 ([click on this link](#)), I wrote about a flock of geese and how important it is for someone to take the place of the lead goose. You may not believe you can have an impact, but you can and do. If you can't take a leadership role this year, it's not too early to think about next year. Volunteer for some projects and see how your lodge operates; look areas of improvement; your help will be appreciated. The lead goose can always use a break!

Rewire

I have never forgotten a President's letter ([click on this link](#)) written by a past Norumbega President Luana Marie Jøsvold . (yes, I really do read your lodge newsletters, I love them). It was about a blank piece of paper with one dot. Human nature is to focus on the black dot rather than all the open white space. The open white space represents opportunity areas, a blank canvas for you to fill with thoughts and ideas. As your new officers take office, please focus on their fresh ideas - the empty part of the canvas. Try not to focus on the black dot of "that's not the way we usually do it". Hold onto those things that are the essence of your lodge but be open to some re-wiring which will bring some new events and ideas and maybe new ways of doing things. You just might be presently surprised!



Working together, we can keep this great big wonderful Third District Viking ship of ours under full sail, but we must be willing to catch new winds!

I wish you a very happy and healthy New Year!!

Mary

*<https://www.forbes.com/sites/pensionresearchcouncil/2017/11/16/moving-to-the-next-step-reboot-rewire-or-retire/#4eda66a87255>

Did You Know?

Amongst the traditions each Holiday season in Norway, is one in which the government gets in on the action. An unusual tradition in Norway is the November tax break. "All earnings in November are taxed half the regular amount. As most employers pay wages around the middle of the following month, it means the extra money in November comes in right before Christmas in December. So November is the time when employees make the most of their work hours and might even put in a little over time (very unusual!). The purpose of the tax break is to give Norwegians a Merrier Christmas and a Happier New Year. " (<http://mylittlenorway.com/2009/11/november-is-half-tax-month/>)

Lodge Happenings

Annual Lodge Christmas Party—Cypress Point Country Club in Virginia Beach—December 10, 2017

Joy and Merriment abound! From Lodge President, Lenny Zingarelli, greeting attendees with place cards and Norwegian calendars for viewing to beautiful family and friendship photos to panoramic group photos to Astrid Gulas leading everyone in singing Christmas Carols (accompanied by Mary Zimmerman on keyboard) and dancing around the tree in traditional Norwegian style! Synnove Quaglietta lead diners in the Norwegian Table Prayer, new members were introduced and welcomed, Elizabeth Kise won the basket raffle, and Jim Zingler won the 50/50 raffle. Congratulations to Norma Castellano on her 25 year pin.



A special thank you to Mary Zimmerman, Judy Grandstaff, and Vivian Zingarelli for their work in arranging a wonderful party; AnneGrete Peterson for the delicious herring she prepared.; Pam Geisinger and Barbra Stehlik for their contributions to the Christmas basket; and all the members who contributed cookies for attendees to enjoy.

Christmas Party (Continued)



This year's event saw record attendance! However, the more the merrier! Couldn't make this one? Be sure to mark your calendar for next year!



Norwegian Language Class Gløgg Party, December 20, 2017, at the home of Astrid Gulas



There were games, singing, good food, good times, and of course, Gløgg!



Left to Right: Synnove Quaglietta and Astrid Gulas in their Gløgg hats.



Synnove and Astrid: Hostesses with the Mostest.



Left to Right: Harriet Lindenberg, Carol and Ed McCarthy, Vivian Zingarelli, Astrid Gulas, and Synnove Quagliettis



John and Mary Zimmerman



June Cooper with David Snow



Lenny and Vivian Zingarelli, Henry and Harriet Lindenberg, Julia Abraham, Carol and Ed McCarthy, and Astrid Gulas (standing).



Lenny and Vivian Zingarelli



David and Tonya Snow Skoll

a little in English...

Ylvis creates a new TV series

Ylvis tells strange stories from Norway. Accompanied by music. It will be something new and unusual.

Brothers Bård and Vegard Ylvisåker are making a whole new type of television program. "Stories from Norway" will appear on the channel TV Norge next year.

The program is about weird Norwegian stories. Ylvis jokes about how we exaggerate little things. Then they create dramatic musicals out of these events. One example is when artist Justin Bieber came to visit.

"The idea with this series is to describe various stories around Norway. Some of these stories are very famous. For example, the Bieber visit and the theft of the painting 'The Scream'," says Bård Ylvisåker.

Other odd stories are less well-known. This applies, for example, to the diving platform in Hamar in Hedmark. The platform became much more expensive than planned.

"The budget broke 2,000 percent," says Bård Ylvisåker. He adds: "We have always enjoyed finding humor in real-life things. So we also interview people who have experienced whatever we are investigating. Then we look at what they say, and what kind of fun things come up," he explains.

TV Norway announced this new series on its 2018 line-up. The channel will also show new episodes of older shows in 2018. Both the series Neste sommer (Next Summer) and Helt perfekt (Absolutely Perfect) will have new episodes. The entertainment programs Mandagsklubben (Monday Club) and Brille (Lens) continue as well.

Additionally, returning to reality TV are 71 grader nord – Norges tøffeste kjendis (71 Degrees North – Norway's Toughest Celebrity), 4-stjerners middag (4-Star Dinner), Gift ved første blick (Married at First Sight), Sinnasnekker'n (The Mad Carpenter), og Jegertvillingene (The Hunting Twins).

Danskebåten (The Danish Boat) and Vintereventyret (The Winter Adventure) are two new reality series. They are about life on the boat Stena Saga and about tourism in northern Norway.

litt på norsk...

Ylvis lager ny TV-serie

Ylvis forteller rare historier fra Norge. Med musikk til. Det blir noe helt nytt og rart.

Brødrene Bård og Vegard Ylvisåker lager en helt ny type TV-program. «Stories from Norway» vises på kanalen TV Norge neste år.

Programmet handler om rare, norske historier. Ylvis spøker med hvordan vi overdriver små ting. Så skaper de dramatiske musikaler av hendelsene. Et eksempel er da artisten Justin Bieber kom på besøk.

-Tanken med denne serien er å beskrive ulike historier rundt om i Norge. Noen av disse fortellingene er veldig kjente. For eksempel Bieber-besøket og tyveriet av maleriet «Skrik», forteller Bård Ylvisåker.

Andre rare historier er mindre kjente. Det gjelder for eksempel stupetårnet i Hamar i Hedmark. Tårnet ble mye dyrere enn planlagt.

-Budsjettet sprakk med 2,000 prosent, sier Bård Ylvisåker. Han legger til:

-Vi har alltid likt å lage humor som kommer fra virkelige ting. Derfor har vi også intervjuer med folk som opplevde det vi undersøker. Så ser vi på det de sier og hva slags gøyete ting som oppstår, forklarer han.

TV Norge fortalte om den nye serien på sin lansering av TV i 2018. Kanalen viser også nye episoder av gamle serier i 2018. Både humorserien «Neste sommer» og «Helt perfekt» får nye episoder. Underholdningsprogrammene «Mandagsklubben» og «Brille» fortsetter også.

I tillegg blir det gjensyn med reality-TV som «71 grader nord – Norges tøffeste kjendis», «4-stjerners middag», «Gift ved første blick», «Sinnasnekker'n», og «Jegertvillingene».

«Danskebåten» og «Vintereventyret» er to nye reality-serier. De handler om livet på båten Stena Saga og om turismen i Nord-Norge.



Gratulerer Med Dagen (Happy Birthday) To The Following Members:

																									
	Dianne Bakke	1/6		Andrew Truitt	1/19																				
	Carol McCarthy	1/13		Robert Larsen	1/23																				
	Gerald Blau	1/15		Richie Sanoba	1/24																				
	Mary Friesen	1/17		Sissel Holland	1/27																				
	Richard Keever	1/18		Jason Sprague	1/27																				
	James Zingler	1/18		Berit McCarty	1/30																				
																									
																									

Upcoming Schedule of Events (Cut-Out Version)

January 2018

- January 18** Membership Lodge meeting Bayside Presbyterian Church at 7:30 pm, Program will be Elaine Norman and her Scottish Adventure.
- January 27** Fellowship Lunch, Noon at The Butcher's Son at Hilltop East, off of Laskin Rd.

February 2018

- February 1** Board Meeting Bayside Presbyterian Church Room at 7 PM
- February 10** New Member Breakfast at Cypress Point Country Club 9 – 11 am. Followed by Bazaar Wrap Up Meeting immediately after the breakfast (around 11 am).
- February 15** Membership Lodge Meeting Bayside Presbyterian Church at 7:30 PM Program to be determined.
- February** Fellowship Lunch, Time and Place tbd

March 2018

- March 1** Board Meeting Bayside Presbyterian Church 7 PM
- March 24** Norwegian Lady Ceremony Virginia Beach Boardwalk 25th St. at 12:30 pm. Followed by a special program with the Stoughton Norwegian Dancers performing.

Got something you'd like to submit?

Want to share pictures or info. regarding an interesting place you've visited, something about your ancestry, an interesting book or movie you know of (these are just some ideas)? Feel free to send to: Editor, Tonya Snow, at: snowtonya@gmail.com

****Important Scholarship Information****

****Note some of the scholarship deadlines are fast approaching****

Sons of Norway Scholarship Programs

Each year Sons of Norway award scholarships and grants to promote the heritage and culture of Norway and provide assistance to our members, lodges and their communities. You may e-mail questions on any of these scholarships to foundation@sofn.com prior to submission. Application forms are available from www.sonsofnorway.com.

The Astrid G. Cates Scholarship

Applicants must have a certificate of completion from high school and be enrolled in post-secondary training or education (college, vocational or trade school) and be a current member of SON or children or grandchildren of a current member of districts 1-6. Applicants must have a strong financial need and be between the ages of 17 and 22. Applications must be postmarked no later than March 1st (please mail all required items in one envelope. Incomplete applications will not be considered).

The King Olav V. Norwegian-American Heritage Fund

Any North American, 18 years or older, who has demonstrated a keen and sincere interest in the Norwegian heritage and/or any Norwegian who has demonstrated an interest in American heritage and who desires to further the study of these heritages at a recognized educational institution is eligible to apply. Deadline for application is March 1st.

Nancy Lorraine Jensen Memorial Scholarship:

Applicants must be female American citizens between 17 and 35 years old on the date the application is submitted. The applicant must be a full-time undergraduate who has completed at least one term, majoring in chemistry or physics, or in chemical, electrical or mechanical engineering. They must also be SON members or children or grandchildren of members (employment at the NASA Goddard Space Flight Center in Greenbelt, Maryland may be substituted in lieu of belonging to SON).

Oslo International Summer School Scholarship:

Award decisions are based upon academic potential, benefits to SON or the larger Norwegian community, involvement in school and community activities, financial need and other, e.g., work experience. Deadline March 1st.

The Sons of Norway Foundation Heritage and Cultural Fund

This is an endowment fund from which only interest will be spent. Two types of grants are available:

The SON Foundation/Local Lodge Partnership Grants. These are small matching grants awarded to lodges. A maximum of \$500 may be given. Deadline – May 1 of each year.

The General Heritage and Culture Grant

These may be awarded to individuals, groups or organizations. Up to \$3000 may be received. Deadline January 15 of each year.

Submitted by: Deanna Rumney

Godt nyttår/Happy New Year! How about trying this at your Superbowl party or your next get together?

Gjetost Fondue

Ingredients

- 1 1/2 tablespoons sugar
- 4 teaspoons brown sugar
- 1/4 teaspoon cinnamon
- 4 ounces gjetost, preferably Ski Queen, in thin slices
- 2 tablespoons heavy cream, plus more to thin
- 1/2 teaspoon Cognac plus 1/2 teaspoon water (or 1/2 teaspoon vanilla extract plus 3/8 teaspoon water)
- 20 pecans, toasted

Directions

1. Combine sugars and cinnamon in a small bowl and stir well.
2. Combine cream, Cognac, gjetost and sugar/cinnamon mixture in a pan over low heat, stirring as the cheese melts, thinning with additional cream.
3. When cheese has completely melted, transfer to fondue pot, set over low heat, and top with toasted pecan pieces.

Serve with gingerbread chunks, bananas, strawberries.

<https://food52.com>

Author Notes: Recipe adapted from a New York Times recipe by Kay Rentschler published in 2007.



Virginia Viking

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