



VIRGINIA VIKING

SONS OF NORWAY HAMPTON ROADS LODGE NO. 3-522

President: Leonard Zingarelli Vice President: Jack Kise Secretary: June Cooper Treasurer: Ragnhild Zingler



The President's Corner

I want to start off by saying what a great time Vivian and I had at our lodge's Christmas party. We had a near record number of attendees, along with many new members attending for their first time. In fact reflecting upon the entire 2018 year, we had 17 new members sign up during this year. For me, this reflects the overall health of your lodge. We continue to grow and be an example for the other SON lodge's to

follow. I also encourage each of you to consider joining up your relatives as a birthday or Christmas gift. Within the SON Int. website (sofn.com), just join them into our Hampton Roads lodge 3-522 for them to start receiving the Viking magazine and our very own Virginia Viking newsletter, no matter where they live. This is a great gift to have them start reflecting upon their Norwegian heritage and culture, like we have.

I've also included a 2018 lodge survey within this newsletter in hope that you will print it out, fill it out and then send it to me, if not already done. It is important for me to hear what the membership thinks and what they feel that we can improve upon. I can only do that if you help me out and let me know. Thanks.

Again, if you are wondering what to get your relatives for Christmas or birthday, and running out of time, buy them a membership to Sons of Norway. It is a great way to start them appreciating their Norwegian culture and heritage. If you need assistance in doing this, just call Ralph Peterson or me for help.

Lastly, please have a Merry Christmas and a Happy New Year. See you next year.

Lenny

January 3, 2019

Membership Lodge Meeting
Bayside Presbyterian Church at
7:30 pm.

January 17, 2019

Installation of Officers
Lodge Meeting
Bayside Presbyterian Church
Room 506 at 7:30 pm

Fra Presidenten, Kathy Dollymore, 3rd District President

December President's Letter

GET INVOLVED
Make a Difference!



“Do not let what you cannot do interfere with what you can do.” -John Wooden

Here we are six months into a new board. You may wonder what we have been doing. So, let me reflect on our accomplishments so far, and to check in with you to make sure what we're delivering is meeting our membership needs. We've been monitoring lodges where there may be a need for some assistance in programing, leadership, or any number of requests that have come to the board. Our goal is to provide support if a lodge feels they need it. By visiting the lodges, I want to show that we are there to help.

I've been out to SON headquarters relaying our D3 issues to SON International.

We have committees working on updating our Bylaws and Policy and Procedure manuals. I've been out to SON headquarters relaying our D3 issues to SON International and they are being timelier in responding to membership applications.

We have also started to update and refresh our 3D website, it is a work in progress but we hope to make it more palatable to first time guests and more informative to returning visitors. Communication is key in celebrating Sons of Norway and between the lodge newsletters, the website, social media and the Third District Today (TDT) I hope we are getting the word out as to what a great organization the SON is.

If you haven't been on our Facebook or website, why not take a peek and see how hard we are working to improve our communication and celebrate our membership. I hope you'll take the opportunity to connect with us. The Tremendous Third is a district for members, led by members and the more you get involved the more you'll get back from your membership.

The holiday season reminds me to think about the people in my life. My family, my friends, and my Brothers and Sisters of Sons of Norway. They give me the opportunity to grow and succeed. As we close out 2018, I'd like to thank our members for making this a District I am proud to be part of. I wish you all a very happy and healthy holiday season. Gledelig jul og glade nytt år. Kathy

HAPPY DECEMBER BIRTHDAY TO THE FOLLOWING MEMBERS

GRATULERER MED DAGEN

Gail Stenberg

Gunilla Noaksson Burker

Harriet Lindenberg

Jaboc Klaus Bunnicot

Jeanne McDonald

Ken E. Revnolds

Kirsten A. Hill

Linda L. Beck

Martha A. Blau

Mona J. Denton

Victoria M. Clanton

Walker Randolph Douglas

Disclosure: Ralph Peterson suggested not listing the dates of birthdays due to privacy issues. The Editor agreed.

2018 HAMPTON ROADS LODGE 3-522 Questionnaire

We are trying to provide a better program for you so we have a few questions that we would like you to respond to either by mail or return email. You can circle an answer where possible and then fill in the blanks where applicable. Tusen takk.

Fellowship

1. Are you satisfied with the times of our meetings 3rd Thursday of the month at 7:30 PM and occasional Saturday potluck? Yes/No
 - a. If not, when would you like to meet. _____
2. Are you satisfied with our meeting location? Yes/No
 - a. If not, do you have any suggestions as to where we should meet. _____
3. Have you been to a Fellowship lunch? Yes/No
 - a. Should we continue with the lunches? Yes/No
 - b. Do you have a suggestion as to future lunch sites? _____

Dues

4. In 2018 dues were raised for single members to \$60 (from \$56). Will that affect your decision to stay in the SON? Yes/No/non applicable
5. In 2018 dues were lowered for married couples from \$102 to \$90. Will that affect your decision to stay in the SON? Yes/No/non applicable

Programs

6. If you had a choice would you rather have a movie or a speaker for our monthly program? Movie/Speaker/either
7. Do you have any suggestions for future programs or future activities? _____

Communication

8. What type of information would you like to see on our web site and/or Facebook page.

9. Have you been on our web site or Facebook page? Web site yes/no Facebook page yes/no

10. Would you like to see more pictures in our newsletter? Yes/No/its just fine now

11. What type of information would you like to see in our newsletter?

Other Comments:

Do you have any suggestions for improving our bazaar?

Please send to: Lenny Zingarelli 3409 Archer Ct. Virginia Beach VA. 23452

Christmas Party



Ed McCarthy, Mary Zimmerman and Carol McCarthy



Vivian Zingarelli



Elizabeth Kamosa, Adrianna Kamosa & Anne Grethe



Lenny, Our President, William and Jeanne MacDonald



Evelyn and Richard Keever



Kristina Arnold



Congratulations on Membership Pins:

5 Year Pins to Terrence A. Grandstaff, Judy G. Grandstaff, Kari S. Lane, and Leonard Zingarelli.

15 Year Pins to Gerald Blau, Alex Pincus, and Evelyn Keever.

20 Year Pins to Inger B. Pincus, Ragnhild Zingler and James Zingler.

40 Year Old Pin to Norma J. Castellano.

45 Year Old Pin to Astrid Gulas.

CONGRATULATIONS!

Sons of Norway Calls for 2019 Scholarship Applications

The Sons of Norway Foundation awards 25 scholarships to promising students each year. The programs promote cultural exchange and support higher education to help students follow their dreams. Although application deadlines vary from Jan. 15 to March 1, 2018, it is not too early to think about applying for support for the 2019-2020 school year. [Learn more](#) and [apply for scholarships](#) offered in 2019 through the Foundation funds. Read the [news release](#) for more information.

SWEA, Swedish Bazaar and St. Lucia Celebration with Christine Brekke Powers being St. Lucia.



Christmas Sermon with the Norwegian Seaman's Church at the Good Shepherd Church



Mona Denton, Editor of this newsletter and her sister Lise J. LeBlanc member of SON Fjelldalen Lodge i Colorado, with Pastor Anneline Tufteland Kroken from Bergen, Norway.



Katharina Brekke Powers, who arranged for this Church Sermon, and her daughter Christine in charge of the Norwegian goodies served.



The Pastor selling various Norwegian goodies and Astrid Gulas stocking up on Norwegian Food.

GUARANTEED ISSUE LIFE INSURANCE

Coverage you can count on, no questions asked.

Funeral costs. Medical bills. Leftover debts. These are all expenses that you and your family can expect upon the death of a loved one. But with this affordable insurance plan, you can ease the burden of immediate final expenses, regardless of your health.

Advantages

- Available to anyone up to age 85
- No medical exam or health questionnaire
- \$5,000 - \$25,000 cash payout
- Guaranteed cash values
- Fixed premiums
- Death benefit not subject to federal income taxes

Len Carlson, FIC, CLU

Director of Agencies

Direct 612.821.4609 | Cell 651.253.1943 | Toll-free 800.945.8851, Ext. 4609

Visit Our Lodge Site www.hrson.org or on Facebook Sons of Norway – Hampton Roads



Virginia Viking

Mona Denton
3020 Watergate Lane
Virginia Beach, VA 23452