



# VIRGINIA VIKING

## SONS OF NORWAY HAMPTON ROADS LODGE NO. 3-522

President: Leonard Zingarelli Vice President: Mike Solhaug Secretary: June Cooper Treasurer: Ragnhild Zingler



### The President's Corner

As we close 2020 out, we can certainly say that this was a year like no other we've ever seen before. Beside the obvious health risks that we all faced, it has been very hard to not have been able to meet with lodge members at our meetings and events. So many were canceled from last March to now. The worst part is that I still don't know for sure when we can start meeting again in person going into the new year. There is light at the end of the tunnel though with several Covid-19 vaccinations and antibody treatment being approved, as I write this article. So, let's keep our fingers crossed that things will improve here soon and we can start returning to some level of normalcy.

The good news is that we continue to hold our lodge meetings on zoom with much success. We are trying hard to ensure that an interesting program will be presented at the end of each zoom lodge meeting. We had over 30 members join in with us last month so please consider joining in for the first time if you haven't yet. If you are not certain of how to use zoom, please just ask. Our last one was about the Vesterheim museum. Chris Johnson the President/CEO of Vesterheim: The National Norwegian-American Museum & Heritage Center: provided us with a "zoom" presentation. It was wonderful. You can check out this link, on your own, to find out more about the museum: "<https://collections.vesterheim.org/vesterheim-archives/virtual-galleries/>."

Please plan on joining in on our lodge's Christmas Zoom meeting on the 17<sup>th</sup> of December at 7 pm. The meeting will have a Christmas feeling to it, so plan on being jolly. The program at the end of the meeting is also about Christmas. Robert Hitchings will be presenting a Christmas program that everyone will enjoy.

Lastly, I want to remind everyone about our New Membership drive. The details are available in an article within this newsletter. What a great way to get your family members and friends more involved with their Norwegian heritage by taking advantage of the discount available only through 10 December. If you have any questions about it, please just ask. **Lenny**

### EVENTS

**December 17, 7:00 p.m.**

Zoom General Membership Meeting  
Program:

"Merry Christmas from Sonja Henie"  
By Robert Hitchings

**December 6, 2020 at 6:30 p.m.**

The Christmas Party is cancelled due to Covid.

# The Busserull (Norwegian Work Shirt)

Tradition Editor's note: Carol Colburn originally wrote this essay for *Ethnic Dress in the United States: A Cultural Encyclopedia*, edited by Annette Lynch and Mitchell D. Strauss (Rowman and Littlefield, 2015). For Norwegian Textile Letter readers, the author provided additional photos. The busserull, or Norwegian work shirt, was historically a jacket rather than a shirt. It has been worn as a loose fitting over-shirt, constructed with squares and rectangles cut to allow full range of movement for physical labor.



There have been a number of variations in the cut, but most include a band collar, shoulder yoke that extends over the upper arm, and body with a button front closure either ending with a placket to mid-chest or open to the waist. Loose sleeves are attached from the mid-point of the yoke at the shoulder, and greater movement and ease around the body is allowed by inserting square gussets at the underarm. The waist may be either half-belted with an adjustable belt at the back, or on some of the oldest examples opening all the way down the center front, a shorter body ends in a waistband which buttons at the center front. On historical examples, a front opening is closed with simple metal, bone or shell buttons. When used for work, the most common fabric was traditionally striped cotton, and the most typical color was blue with white stripes. Other colors in striped fabrics were used, and plaid or plain fabrics. Plain or twill woven cotton was used for warm weather work wear, where wool shirts with similar cut was used for colder seasons. Throughout the second half of the nineteenth century the shirts were used functionally in Norway as one layer of protection by many types of workers; railroad workers, lumberjacks, builders, agricultural workers, harbor workers and fishermen. Photographs of the era show the shirt worn as a single garment over the torso, or under or over a woolen vest, and in the coldest weather under another form of heavier woolen jacket.

Shirts in Norwegian museum collections show the signs of being well worn and are often patched, or new sections sewn in to replace collars, or shirttails. A variety of sturdy wool and half-wool (cotton warp and wool weft) shirts are available for study at the Norsk Skogmuseum (Norwegian Forest Museum) in Elverum, Norway. Anne Holen has written an unpublished study *Busserullen på Hedmarken* (The Bussarull in Hedmark), for the Norwegian Institute of Bunad and Folk Costume in Fagernes, Norway. Her findings show that historically, a new work shirt could be used for occasions other than work, but this garment was not considered suitable for church on Sunday. Approaching 1900, Norwegian nationalistic sentiment grew for independence from Swedish rule. Rural dress in many forms took on a nationalistic meaning, and the busserull, especially in the colors of the Norwegian flag (red or blue with white stripes) became widely used. These colorful shirts continued to be popular in Norway throughout the twentieth century for leisure activities outdoors, or for occasions such as folk dance or rural folk festivals. As in international fashion in general, rural

forms of clothing were revived in the 1960s and 1970s and this was true also of the use of the busserull in Norway. When Norwegian immigrants settled in America in agricultural areas, they continued sewing work shirts as needed within the family. Photographs from the 1870s in rural Wisconsin by the Norwegian-American photographer Andreas Dahl show men in variations of the busserull; the older generation favoring the shorter version with a band at the waist, and younger men the longer style. The busserull generally went out of favor for agricultural work as farm operations were mechanized. It fell out of use when overalls became the new American workers' uniform by the 1920s. Instead of continuing as a sturdy shirt for work, in the U.S. the busserull evolved to be worn for outdoor leisure activities, folk dance, and for festival occasions. They were imported or brought from Norway by tourists as souvenirs, often embellished with decorative pewter buttons.

## [Fra Presidenten, Kathy Dollymore, 3rd District President](#)



Elections should be over and Lodge officers are organizing their boards for the new year for their role in supporting their lodge and the SON organization as a whole. With new boards many lodges write goals to precisely define their desired results. Goals help to focus energies on a number of achievement areas. Adopting this practice is an effective and crucial tool for your board.

If you are feeling like me, you may be experiencing a sense of relief that 2020 is nearly over. The amount of uncertainty we all have been facing throughout 2020 is really taking a toll on us. We have been facing a lot of doubt and have been eyeing 2021 with hopes that it will be a better year than the one we have just gone through, understandable that everyone wants to see a return to normal. But I will say that one of the few good things that's come out of this year is that we're interacting in new ways that seem to be working. Zoom (or other virtual online sites) for many of our lodges is working nicely. Members who have not been able to attend a meeting, be it that it necessitates driving at night or being that they live too far away have now been visiting with other lodge members virtually and we're spending less time needlessly traveling. I'm hopeful that some of these trends will continue in the future.

Some lodges are making the decision to cancel their Juletreffs for this year with the intentions of looking forward to a bigger gathering in 2021. Some lodges are offering a "Jul By Zoom." There are lodges that are able to hold a Julfest and are adhering to CDC guidelines. Each lodge will decide what works best for them. You may be celebrating by yourselves for safety sake but I hope you know you are thought of today and all this season.

A traditional Norwegian Christmas Tree decoration are small paper baskets called 'Julekurver' which are made in the shape of a heart. It's said that the writer Hans Christian Andersen might have invented them in the 1860s. Why don't you try your hand at making some of the baskets for your tree and don't forget to put a cookie in one for Santa! Instructions on how to make the Julekurver are on the website <http://www.stavanger-web.com/baskets.php>

But no matter how you or your lodge decide to celebrate this holiday season I want to send a special thanks to all of you who have devoted time and effort into the success of this organization. Warm wishes to every member in our Tremendous Third District.

God Jul og Godt Nyttår til alle. Ta være på hverandre. (Merry Christmas and Happy New Year to all. Take care of each other)

Stay healthy, be safe, and be kind! Kathy

## **Gratulerer Med Dagen (Happy Birthday) To the Following Members in December!**

**Kirsten A. Hill**

**Gunilla Noaksson Burke**

**Harriet Lindenberg**

**Jaboc Klaus Bunnicont**

**Jeanne McDonald**

**Ken E. Reynolds**

**Marie Jewel Kuinsland**

**Cynthia S. Sanoba**

**Martha A. Blau**

**Mona J. Denton**

**Victoria M. Clanton**

**Walker Randolph Douglas**

**Carl Cyril Morrow Jr.**

**Dory Starke Christa Silfen**

### **TUBFRIM - SAVE YOUR CHRISTMAS STAMPS**

There are many ways in which we are asked to assist our fellow human beings (especially at Christmastime). Participation in the TUBFRIM program is one of the more simple yet successful ways to do just that. TUBFRIM is an organization in Norway that resells canceled stamps and donates the proceeds to help handicapped children and youths in Norway. Sons of Norway is a staunch supporter of TUBFRIM. You can help by saving used stamps. Just cut or tear off stamps from envelopes leaving a slight margin (approximately 1/2") to keep the perforation intact. Damaged stamps cannot be used.

They are also happy to receive stamp collections, old envelopes, covers and postcards. If the envelopes, postcards, etc are more than 50 years old, please do not cut off the stamp, but send the entire envelope. They will also accept used telephone cards from any country in the world. Since we are not having person to person meetings, please either hold on to these stamps or send or mail to Deanna Rumney, 776 Harris Point Drive, Virginia Beach, Va. 23455.

This year 2020, we were able to send 16 pounds of stamps to support TUBFRIM. That is a lot of stamps and I wish to thank each and every one of you who participated in this program.

### **Sons of Norway Whole Life Insurance**

Products provide coverage for your entire life,  
with single or level premiums and guaranteed level death benefit.

These permanent life insurance plans can provide you and your family with financial security no matter how long you live

## 12 Norwegian Christmas Traditions

1. The time between 1<sup>st</sup> and 24<sup>th</sup> of December, is called **ADVENTSTID**.
2. To make the waiting time shorter, children (and adults) gets a calendar with a gift or chocolate to open every day in this period.
3. **JUL** is the official Norwegian word for Christmas
4. In December, we have the darkest time of the year. Luckily, we have Christmas lights!
5. In November and December friends and families comes together for Christmas party. We call it julebord or juletefest. We walk around the Christmas tree, singing Christmas songs and eat Christmas food, and enjoy life.
6. Some of the preparations for Christmas is baking seven varieties of cookies: **PEPPEKAKER**, **SERINAKAER**, **KRUMKAKE**, to just name a few.
7. While the rest of the world celebrate Christmas Day, we in Scandinavian celebrate Christmas on 24<sup>th</sup> of December, Christmas Eve
8. Most of the Norwegians eats **RIBBE** (pig), **PINNEKJØTT** (lamb) or **LUTEFISK** (fish) at the Christmas Eve.
9. In days after Christmas Eve it's a tradition that children dress up in crazy costumes and walk in the neighborhood and sings Christmas songs. In return, they get candy.
10. The Norwegian word for Santa Claus is **JULENISSE**.
11. On Christmas Eve, we give the Santa Claus **JULEGRØT**: rice porridge with sugar, cinnamon and butter.
12. [In Bergen, a Norwegian city at the west coast, we'll find the world largest city – built in gingerbread. This year they celebrate 25th anniversary.](#)

### Norsk Juleribbe [Norwegian Holiday Pork Belly]



Prep Time: 2 days | Cook Time: 3 hrs

### *Ingredients*

2 lb Pork Belly

Either can do pre-sliced (4 strips) or whole slab) Figure 1/4 lb per portion

2 cups water

Salt & Pepper

### **Preparation**

Keeping the fat side down, season pork belly with salt & pepper and let it sit in fridge for 2 days

### **Cook Method 1**

4a) Keeping fat side down put pork belly in roasting pan

– Heat 2 cups of water in microwave and pour over pan

– Cook in 395°F oven for 45 minutes

5a) Remove from oven. Turn pork belly fat side up and place onto rack, over the same pan, leave water remaining in pan.

### **Cook Method 2**

4b) Turn pork fat side up into roasting pan.

5b) Heat 2 cups of water in microwave and pour over pan, cover pan with foil.

– Cook in 395°F oven for 40 minutes

### **Final cooking**

6) Bake for 2 hours at 395°F.

7) Finish with low broil 5-10 minutes to crisp

– Keep close watch on pork belly so it doesn't burn

Sons of Norway members met at the Norwegian Lady Plaza for an impromptu meeting and lunch celebrating the 125th anniversary of the Sons of Norway organization. Lots of fun on a great day.





## **NOVEMBER/DECEMBER 2020 MEMBERSHIP DRIVE**

Over the past few years our lodge has utilized our annual bazaar as a major “new member” recruiting platform. We have averaged well over 12 new members a bazaar for years. (These numbers have been a major reason why your lodge has been named District 3 Large Lodge for the past 4 years (an amazing feat)). These new members have helped us by replacing other members who for one reason or another have moved on. Some of those new members got excited about SON while attending the bazaar and just joined on the spot, but a significant number were familiar with us and joined that day to take advantage of our “membership sale” where the lodge forgave our portion (\$14) of the SON annual dues.

Your board has decided to hold a Membership Sale this year despite no bazaar. In order to make it somewhat of a success this year we are going to need your help. If you have any family or friends that have been thinking about joining the Hampton Roads SON please let them know about this offer. If you don't know of anyone who is thinking of joining us, look for somebody and do some smooth talking.

For members who have a solo membership and have a spouse or another person living in the same house, think of a FAMILY MEMBERSHIP. A single membership is \$60 while a FAMILY MEMBERSHIP is only \$35 dollars more or \$95 a year. This first year of FAMILY MEMBERSHIP is going to be only an additional **\$21 dollars** as our lodge will rebate our portion (\$14) of the total dues. While you can have as many members as you like with a Family Membership our lodge only gets \$28 of dues for a family membership so if you move from a solo membership to a Family Membership the rebate from Hampton Roads will be limited to \$14.

**Any due paying member who joins our lodge by December 10, 2020, will receive a check from the lodge for \$14. I would suggest signing up online <https://www:sofn.com> or calling the SON at 800-945-8851 and ask for “membership” and ask whom can sign you up over the phone. In both cases you will need a credit card. We will check our membership list December 11 and get our checks out to the new members ASAP.**

If you have any questions contact our Membership Secretary,

Ralph Peterson Cell 757 581-3230 or [nodakralph@gmail.com](mailto:nodakralph@gmail.com)



# Virginia Viking

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