



# VIRGINIA VIKING

## SONS OF NORWAY HAMPTON ROADS LODGE NO. 3-522

President: Leonard Zingarelli Vice President: Mike Solhaug Secretary: June Cooper Treasurer: Ragnhild Zingler



### The President's Corner

With the start of a new year, we still find ourselves in a pandemic, but we can see the light at the end of the tunnel with vaccines now being distributed, but this may take several months to show benefit. It appears as if each local city is doing vaccinations based on how much of the supply of Covid-19 vaccinations they have. Stay tuned to your city's government website for information,

registering and scheduling your personal vaccination appointment. In the meantime, continue being vigilant at following the CDC safety recommendations for your health and your family's health. Now is not the time to let your guard down. In-person, indoor gatherings continue to be canceled. However, we have been replacing them with on-line Zoom meetings which have been a huge success. Our presentation programs at the end of the meetings continue to be well received by all. Be on the lookout for an announcement and invite to the meeting as we approach the middle of the month. One event that our lodge normally holds each February, is the New Member's Breakfast. This has been a well-attended event that provides an opportunity to meet the new members and learn a little about what the Sons of Norway has to offer, besides a free breakfast for new members. I am not going to cancel this breakfast, only look for an opportunity to reschedule it later in the year when Covid19 conditions improve. Please be on the lookout for February updated lodge's 2021 Schedule of Events that should be sent out soon.

**Lenny**

February 4, 2021

Zoom Board  
Meeting  
at 7:00 pm.

February 18, 2021

Zoom Membership  
Lodge Meeting at  
7:00 pm.  
Program by June  
Cooper of  
"Norwegian  
Fairytale and the  
Fairytale  
Collectors."

Sons of Norway **Whole Life Insurance** products provide coverage for your entire life, with single or level premiums and guaranteed level death benefit. These permanent life insurance plans can provide you and your family with financial security no matter how long you live.

## [Fra Presidenten, Kathy Dollymore, 3rd District President](#)

Even though here in the Northeast the winter “doldrums” have hit, and the month of January is behind us, I see the sun rising a bit earlier every morning. I have seen some crocus and daffodil stems peeking through the ground. Small buds are beginning to appear my trees in my backyard. And there are parts of the 3D that have seen Spring for a while now ( no, not jealous at all !!) With Springtime just around the corner, it’s not too early to begin recruiting new members. If you know someone who is interested in learning more about Norwegian history and culture new members are always welcome. Family, neighbors, friends. As with every year, we want to have positive member growth. Everyone in the lodge is a recruiter. Anyone having ideas relating to membership retention and growth are encouraged to send suggestions to your Vice Presidents and Membership Chairs. With that in mind I wish congratulations to these 3-D lodges who had reached their 2020 membership recruitment goal. I'm happy to say every one of our 7 Zones has increased membership/ Lodge No. Name - Location - Goal - Actual members recruited 3-232 Dovre Providence, RI 4- 6 3-337 Norge East Williston, NY 4 - 4 3-410 Nansen Staten Island, NY 4- 4 3-432 Hudson Valley Kingston, NY 12 - 40 3-433 Scandinavian Heritage Society Rochester, NY 7- 10 3-438 Oslo Syracuse, NY 6 - 4 3-467 Norrona Pearl River, NY 6 - 13 3-515 Tampa Bay Tampa Bay, FL 6- 7 3-612 Bondelandet Lancaster, PA 4- 8 3-664 Maine Nordmenn Falmouth, ME 6 - 6 3-678 Norskevenner Atlanta, GA 7- 11 3-679 Norsk Carolina Charlotte, NC 5 - 8 I had the opportunity to meet a few members that I haven't seen in quite a long time. The new faces are just an example of the excellent participation that is now going on at our lodge. We are a great organization and it shows. New members, reinstated members and transfers are still coming to our District to apply for membership. Your District leadership and your membership together, have been working diligently to get us over the past year’s difficulties, by planning outstanding events, contacting fellow members, sending out newsletters, inviting them to the events, and volunteering their time to help make things happen. Although we still face many obstacles, there is no doubt in my mind, that by working together, we will keep our district successful into the future. Although we are limited due to the constraints of COVID, we remain active in our communities. Our 3D is operated by volunteer’s time and efforts, and without the devotion of ALL of our various committees and members, we would not be as successful as we have been for the past 126 years NOTE: After the sale of Land of the Vikings there was a committee formed of district lodge members to advocate for the funds garnered from the sale. Although we won’t have any final numbers till debts, taxes, capital gains, etc. are determined, it is incumbent upon us to be good stewards of the money. Therefore, the committee has gotten input from our Financial advisor and our CPA and along with the committee are working on the substitutability of the funds.

### **Gratulerer Med Dagen (Happy Birthday) To the Following Members in February**

Virginia Ballard	Timothy Bergan	Peggy Carnes	June Cooper
Aleksander Hill	Walter Hoff	Britt Kausland	Jared Lindenberg
Amanda Partin	Greger Sutton	Conway Telfeyan	Robert Stanzione
John Zimmerman	Robert Berg	Christine Tremblay	Robert Winters

# SEARCHING FOR NORA: *After the Doll's House*

## By Wendy Swallow

(The author of this book will be conducting the March Program about her book)

*At the end of Henrik Ibsen's play A Doll's House, Nora Helmer walks away from her family and comfortable life. She's alone, with little money and few legal rights. Guided by instinct and sustained by her will, Nora embarks on a journey that takes her from the gutters of Kristiania to the harsh Minnesota prairie in search of love, family and an honest life. In a second story line, young Solvi escapes her family's bourgeois conformity to unlock the mysteries of her grandfather's hidden shame and the fate of a lost feminist heroine.*

Author Wendy Swallow is offering **free Zoom presentations to Daughters of Norway lodges who want to learn more about *Searching for Nora: After the Doll's House***. The novel is grounded in Swallow's deep research into late-19th century Norway, Ibsen's work, and the Norwegian-American immigrant experience.

Swallow has presented to numerous Sons/Daughters of Norway lodges, the Norwegian History Roundtable, bookstores and book clubs. Her presentation includes a slideshow about Ibsen's time and Norwegian-American prairie life. A three-time author, she is also a former Washington Post reporter and an American University professor emerita. She lives in Reno, Nevada. For more information about Swallow and her book, go to [searchingfornora.com](http://searchingfornora.com).

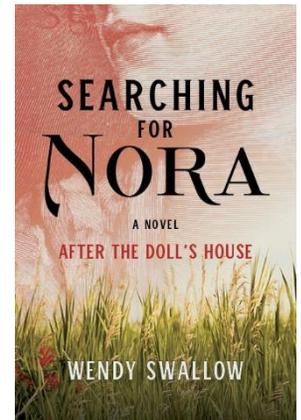
To arrange a presentation, please email the author at [wendy@searchingfornora.com](mailto:wendy@searchingfornora.com), or call her at 202-365-2651. Swallow's prize-winning novel is widely available as a trade paperback and ebook. A special **Daughters of Norway discount** is available through the author.

*"So much more than a sequel, Searching for Nora is a masterful tale that spans generations, continents, and the intertwined lives of two remarkable women. Lyrically told and meticulously researched. I couldn't put it down."*

~Joanne Lipman, author, *that's What She Said: What Men Need to Know (and Women Need to Tell Them) About Working Together*, Washington Post Bestseller

**My book searching for Nora: After the Doll's House is the story of what happens to Henrik Ibsen's iconic character Nora Helmer, after she leaves her husband and home at the end of the play A Doll's House. My talk focuses on the historical and cultural themes of Ibsen's day and how I set parameters for my novel based on those themes. It includes a powerpoint slide show.**

If anyone is interested in either reading Henrik Ibsen's play A Doll's House, or reading a synopsis of the play, here's a link to my website that includes a summary essay about the play, a synopsis, and a link to a free copy of Doll's House at the Gutenberg site: <https://searchingfornora.com/nora-helmer/the-play/> There's lots more on my website, including a bio of me and bits about my previous two books. Your members might also enjoy my blog, where I discuss many facets of Searching for Nora. They can also check out the Book Club guide at <https://searchingfornora.com/book-clubs/>



# GLØGG

Recipe courtesy *Visit Norway*

Though the first culture to heat up sweetened wine before spiking it with spirits and spices were the Romans in the 2nd century, it's hard to argue that the Nordic countries have become known for perfecting it. Mulled wine in Norway, locally known as *gløgg*, is a matter of particular regional pride. What sets apart authentic Norwegian *gløgg* is the use of the country's national spirit, aquavit, to spike the base.

Harald Hansen, public information manager at Visit Norway, says of aquavit, "It's a potato-based spirit commonly flavored with savory herbs like dill, fennel or coriander." He lends us his recipe for Norwegian *gløgg*, telling us, "This is the way my family in Norway serves it, and most of my friends."

*Make sure to take a look at [our guide to aquavit](#) for more information about this regional favorite and recommended bottles you can pick up stateside. Already familiar? Try tracking down one of these [special-edition Christmas aquavits](#) for a bold new taste.*

## Ingredients

- 1 bottle of red wine
- 1 teaspoon cardamom
- 5 whole cloves
- 1 large sliced cinnamon stick
- 1 2-inch piece of ginger, chopped
- 12 ounces white sugar
- ½ 750-ml bottle of aquavit (or substitute vodka or Cognac)
- 3½ ounces raisins
- 3½ ounces sliced almonds



## Directions

Heat the red wine slowly in a saucepot over medium-high heat. Put the cardamom, cloves, cinnamon and ginger in a spice bag and add to the pot. Stir in the sugar until it dissolves.

Remove the pan from heat and let cool, approximately 2 hours. Add the aquavit to the pan and place over medium-high heat. Heat until just before mixture reaches a boil. Add raisins and almonds. Transfer mixture to a punchbowl, remove the spice bag and ladle into large glass cups with little spoons, scooping up raisins and almonds. *Serves 8.*

# *The Norwegian Fairy Tales and the Fairy Tale Collectors*

February 2021 program: by June Cooper

So what is a Fairy Tale anyway? (Are they only about fairies?)  
And what happened in Norway in the early 1800's that prompted writers, ministers, educators, scientists and others to travel around the countryside collecting the folklore and fairy tales from the rural areas and farms? Who were these collectors and what did they do with the stories they collected?



Well one collector was Rikard Berge who recorded this tale in Seljord, Telemark....

## *Tussane paa Aasheim.*

Paa Vestigard Aasheim var tussane so hjelpsame, og det fylgde slik lukke og velstand med dei. Aldri var der naud for fôr eller mat, og aldri traut øle paa tunna.

Men so var det ein kveld, etter dei hadde køyrt inn alt konne, daa saag Aasheim-mannen, at der kom ein tusse nedanfraa aakeren, og han bar eit konnaaks paa ryggen; uti tune sette han seg til aa kvile. Aasheim-mannen var so narrefus, han, og geipa seg med tussen.

"Ja, heilede trong du aa kvile ou naa, slik ryggjebyr som du heve," sa han.

"Tyss du byri æ for liti, saa skaa 'o a bli minder," svara tussen, og so reiste han seg upp og la avstad att; men daa Aasheim-mannen saag etter 'n, so var det ei dugeleg stor byrd.

Etter den tid gjekk det traugare med alt for Aasheim-mannen. Øle vilde sjeldan vara joli ut, og um vaaro var han baade fôrlaus og matlaus. Det gjekk radt ut med honom tilslutt.

Oh my, what are tussane? and ... Is this in bøkmal, nynorske, or an old local dialect from Telemark? Lucky for us, here is a retelling of the story in English...

## *Tussane at Åsheim*

On the Vestigård farm in Åsheim, the tusser were so helpful, and good luck and such prosperity came with them. Never was there a need for feed for the animals or food for the folks and never was the barrel of beer empty.

However, one evening after they had gotten all the grain harvest in, the Åsheim-man saw a tusse coming up from the field carrying a bundle of grain on his back and the tusse sat himself down on the lawn to rest.

The Åsheim-man was so naive and made fun of the tusse by yawning and saying... "Oh yes...you are in great need of rest now with such heavy load you are carrying on your back!"

"Listen to me!" said the tusse. "If you feel that I carry such small load, then your loads will be smaller also," he said. And so he got up very quickly and hastened away.

But when the Åsheim-man saw him hasting away, he was not carrying a little - but a huge load of grain!

Thereafter, things did not go well anymore like it had before. Beer had run out before Christmas. And when spring came, he was both without feed for the animals or food to eat. So things did not go well anymore for the Åsheim-man.

And aren't you curious about which fairy tale collector started "The Great Porridge Feud" or "Porridge Wars"? Or which Fairy Tale collector discovered a new star fish species and named it "Freya's Necklace" Brisinga endecacnemos.

Answers to these questions and more on Thursday February 18<sup>th</sup> at 7 pm... on Zoom!



# Virginia Viking

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